

# **THE NJCE JIF MEDIA LIBRARY**



**A Complete Listing of the Safety  
Education and Training Videos  
for NJCE JIF Members**

**MEDIA LIBRARY REQUEST FORM**  
**Maximum of four (4) videos per order**

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County/Agency/Department: \_\_\_\_\_

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Email address \_\_\_\_\_

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Requested DVD #

Alternate DVD #

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1. DVDs must be returned within 14 days of receiving your order to assure timely distribution to other members' making requests.
2. DVDs should be returned utilizing either the same shipping box or the prepaid FedEx envelope and label included with your order.
3. Entities will be responsible to replace all lost or damaged videos they have requested and received from the MEL.

# NJCE DVD CATALOG 2021

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| Tape #                    | Title/Description  | Length | Audience                                 |
|---------------------------|--|--------|--|
| <b>ACCIDENT AWARENESS</b> |  |        |  |
| 100                       | <b>The First Step – DVD</b><br>This is the story about Candace Carnahan, a young college student, and how one wrong action can change your life forever.   | 5:00   | General Audience                         |
| 101                       | <b>It Only Takes A Second II – DVD</b><br>This video features footage of mistakes and bad choices we often make. Viewers won't forget the powerful accident reenactments and dramatic consequences illustrated in this motivational video.   | 4:00   | General Audience                         |
| 102                       | <b>Pedestrian Safety In Industry – DVD</b><br>Employees can easily recognize the hazards associated with material handling, welding, machine operation, electrical work and other dangerous job tasks, but they tend to overlook more common hazards. More than 25 million workers suffer some type of injury while walking at work each year. This video shows employees the precautions they must take to avoid incidents while walking. | 17:00  | General Audience                         |
| 103                       | <b>Field Operations Safety for Public Works &amp; Construction – DVD</b><br>As public employees and contractors working for public agencies, we perform many jobs that generally go unnoticed, but are a great benefit to the public by virtue of a safe and reliable water supply, well maintained roadways, and other portions of the public infrastructure.   | 24:00  | Public Works                             |
| 104                       | <b>Stored Energy: The Hidden Hazard – DVD</b><br>This video featuring dramatic reenactments of stored energy mishaps, increases our awareness of stored energy hazards and helps us become more observant of them in our surroundings.   | 18:00  | Public Works<br>Utilities<br>Maintenance |
| 105                       | <b>Accident Causes and Prevention (Digital) – DVD</b><br>The Insurance Industry, Governmental agencies, and the National Safety Council have analyzed employee accident investigations over the years and have determined that the overwhelming cause of most industrial accidents and injuries can be attributed to the unsafe acts of employees.   | 11:00  | General Audience                         |
| 106                       | <b>Safety: The Good Fight – DVD</b><br>This video tells the tragic story of Patrick Hayes, a young man killed in an avoidable on-the-job accident. Interviews with his family drive home the importance of on-the-job safety.  | 15:00  | General Audience                         |
| 107                       | <b>Close Calls &amp; Near Misses (Ref) – DVD</b><br>This video stresses to employees the importance of reporting all close calls and near miss incidents so that proper action can be taken to improve work conditions and prevent injuries.   | 10:00  | General Audience                         |
| 108                       | <b>Making Safety Work: An Overview of Workplace Safety &amp; Employee Responsibilities – DVD</b><br>This video provides an overview of common workplace hazards and how they are to be controlled while also demonstrating the importance of each employee's commitment and participation in the safety effort.  | 10:00  | General Audience                         |
| 109                       | <b>Unsafe Acts: Human Behaviors – DVD</b><br>The Insurance Industry, Governmental agencies and the National Safety Council have analyzed employee accident investigations over the years and have determined that the overwhelming cause of most industrial accidents and injuries can be attributed to the unsafe acts of employees.  | 11:00  | General Audience                         |
| 110                       | <b>Cause &amp; Avoidance of Accidents – DVD</b><br>There are generally 2 types of training in the workplace for the prevention of injuries: Training employees in the proper work and safety rules and procedures & Supervision. This video reviews:<br>• Pre-Incident Training • Post-Incident Training • Cause & Avoidance   | 15:00  | General Audience                         |
| 111                       | <b>What is Carelessness? – DVD</b><br>Carelessness should never be used as the cause of any accident. The misuse of the word 'careless' indicates a human factor that contributed to an accident.  | 5:00   | General Audience                         |
| 112                       | <b>Accidents: 'It Can't Happen To Me' – DVD</b><br>This video is designed to make you think more about accident causes and how you can prevent injuries. Accidents and injuries can be prevented.  | 10:00  | General Audience                         |

| Tape #                        | Title/Description  | Length | Audience         |
|-------------------------------|--|--------|------------------|
| <b>ACCIDENT INVESTIGATION</b> |  |        |                  |
| 200                           | <b>Accident Investigation – DVD</b><br>This video shows employees steps in an Accident Investigation and highlights how important it is for employees to fully cooperate with any inquiry. It also points out that while an investigation's focus is to determine the cause of an accident the overall goal is to prevent similar accidents. | 13:00  | Supervisors      |
| 201                           | <b>Accident Investigation for Everyone (Ref) – DVD</b><br>This video will help everyone involved in an investigation understand their roles in the process<br>• management • employees • investigators   | 10:00  | General Audience |
| 202                           | <b>How to Investigate an Accident – DVD</b><br>This video explains the basics of accident investigation, the essential part of your overall safety program, and the benefits of investigating every accident regardless of its size or severity.   | 13:00  | Supervisors      |
| 203                           | <b>Supervisor's Guide to Accident Investigation – DVD</b><br>This video will concentrate on the importance of conducting a thorough investigation and why the information is necessary.  | 13:00  | Supervisors      |

## AMERICANS WITH DISABILITIES ACT

|                |   |        |                                |
|----------------|---|--------|--------------------------------|
| 3504<br>CD-ROM | <b>Planning Accessible SAFE Playgrounds Using the Americans With Disabilities Act - CD-ROM</b><br>This CD-ROM is a self-paced pictorial guide covering all the elements of the Americans with Disabilities Act (ADA) requirements. It is useful for designers, planners, installers, and anyone interested in planning a safe, accessible playground. It offers a clear explanation of the ADA standards for playgrounds. Some of the information is very detailed and may require presentation by a knowledgeable person such as a CPSI to be most beneficial. The following five parts are outlined: • Part 1: Understanding the Americans with Disabilities Act • Part 2: Common Definitions that are Used in the Guidelines • Part 3: Designing Inclusive Play Areas for all Children • Part 4: Additional Technical Requirements for Play Areas • Part 5: Future Directions and Reference List<br><i>This is not a video and has no sound track. It is in the format of a Power Point Presentation</i> | CD-ROM | Parks<br>Recreation<br>Schools |
|----------------|---|--------|--------------------------------|

## ASBESTOS / LEAD / SILICA AWARENESS

|     |  |       |                                       |
|-----|--|-------|---------------------------------------|
| 400 | <b>Asbestos Awareness – DVD</b><br>Comply with 29 CFR 1910.1001. Many construction workers & maintenance people come in contact with asbestos.   | 14:00 | Personnel<br>working with<br>Asbestos |
| 401 | <b>Cutting/Milling Asbestos Cement Pipe – DVD</b><br>Asbestos has been used for many products such as fire proofing, pipe insulation, theatre curtains, siding, roofing, gaskets and packing, water and sewer pipe, and more. In water and waste water applications, asbestos cement pipe may contain as much as 20% asbestos or more which is used as re-enforcement for the pipe, much in the same way steel is used to re-enforce concrete in bridges and buildings. However, we must understand that the cement used in the pipe can degrade over time therefore increasing the risk of fiber release. The types of asbestos used are both the serpentine (Chrysotile) and amphibole (Amosite and Crocidolite) | 19:00 | Personnel<br>working with<br>Asbestos |
| 402 | <b>Crystalline Silica Employee Training - DVD</b><br>This video discusses key requirements of the silica standards as well as basic safe work practices that employees should follow to protect themselves from harmful exposure to crystalline silica.  | 10:00 | Personnel<br>working with<br>Silica   |
| 403 | <b>Lead Exposure in General Industry - DVD</b><br>This safety training video provides employees with the information they need to understand lead hazards and the safety regulations that address them. It also explains how to recognize lead hazards in the workplace and handle them safely.  | 20:00 | Personnel<br>working with<br>Lead     |
| 404 | <b>Lead in the Workplace - DVD</b><br>This video discusses the various lead exposures in the workplace with an emphasis on safety.   | 15:00 | Personnel<br>working with<br>Lead     |

| <b>Tape #</b> | <b>Title/Description</b>   | <b>Length</b> | <b>Audience</b>               |
|---------------|--|---------------|-------------------------------|
| 405           | <b>Silica Safety In Industrial and Construction Environments - DVD</b><br>Silica dust can cause serious, even fatal, health problems for anyone who inhales it. More than two million workers are exposed to this substance on the job every year. OSHA's Silica Safety Rule has established rigorous standards to protect them. | 16:00         | Personnel working with Silica |

## BACK SAFETY / LIFTING

|                          |  |       |                  |
|--------------------------|--|-------|------------------|
| 501                      | <b>Back Injury Prevention Through Exercise - DVD</b><br>This video will outline a pro-active approach to back injury prevention. Specifically, a routine of exercise that will build up the strength and endurance of your back.   | 7:00  | General Audience |
| 502<br>English / Spanish | <b>Stop &amp; Think...to Avoid Back Pain - DVD</b><br>This video will take you to the job site and show you where the hidden dangers really lie. Whether you work behind a desk, in the shop or in the field.  | 16:00 | General Audience |
| 503                      | <b>Back Safety - DVD</b><br>This video emphasize the importance of overall back care, both at work and at home, including exercises and weight control.  | 21:00 | General Audience |
| 504                      | <b>Back Injury Prevention - DVD</b><br>According to the National Safety Council and medical research, 20% of backaches are attributed to inflammation such as arthritis, 10% are due to actual back injuries and other miscellaneous causes, and 70% result from degeneration of spinal discs.         | 9:00  | General Audience |
| 505                      | <b>Preventing and Managing Back Pain - DVD</b><br>In this video you will learn specific techniques that will alleviate or even prevent back pain with the investment of just a few minutes per day.  | 37:00 | General Audience |
| 506                      | <b>Back Care for Public Agencies - DVD</b><br>Most back care videos address lifting nice, clean boxes in a non-strenuous environment. In the real world, many injuries result from shoveling, operating breakers, lifting pipe and bags of concrete, etc. This video offers ways to avoid back strain. | 11:00 | General Audience |

## BEHAVIORAL SAFETY / EMPLOYEE RELATIONS

|     |  |       |                  |
|-----|--|-------|------------------|
| 600 | <b>What Would You Say? - DVD</b><br>This video features three potentially hazardous workplace incidents in which workers confront each other about the hazards.  | 17:00 | General Audience |
| 601 | <b>Communication Skills: What Everyone Needs to Know - DVD</b><br>In this training video you'll learn practical techniques to improve all communication skills: • written • oral • electronic • face-to-face | 30:00 | General Audience |

## BLOODBORNE PATHOGENS & DISEASES

|     |   |       |                  |
|-----|---|-------|------------------|
| 700 | <b>Bloodborne Pathogens - DVD</b><br>This video focuses on the potential hazards of bloodborne pathogens and the precautions to take in protecting yourself and reviews the 14 Elements required to fully comply with the BBP Standard.                       | 18:00 | General Audience |
| 701 | <b>BBP for First Response Environments - DVD</b><br>This training video has been specifically created to assist first responders in fulfilling the OSHA Bloodborne Pathogens Standard's (29 CFR Part 1910.1030) training requirements.                        | 10:00 | First Responders |
| 702 | <b>Bloodborne Pathogens for Custodians - DVD</b><br>This video produced especially for custodian and maintenance staff demonstrates how these workers can safely clean up spills of blood or other potentially infectious materials without risking exposure. | 12:00 | Custodians       |
| 703 | <b>Bloodborne Pathogens for School Teachers - DVD</b><br>This video serves as a practical guide designed for teachers and other school employees on how to deal with a situation when a potential bloodborne pathogen exposure occurs.                        | 10:00 | School Teachers  |
| 704 | <b>Bloodborne Pathogens General Awareness - DVD</b><br>This video provides general awareness training for all employees on the dangers of bloodborne pathogens, how to protect yourself from them and ways to minimize the risk of transmission.              | 11:00 | General Audience |

| <b>Tape #</b> | <b>Title/Description</b>  | <b>Length</b> | <b>Audience</b>  |
|---------------|---|---------------|------------------|
| 705           | <b>Bloodborne Pathogens in the Workplace - DVD</b><br>This video is not designed to list all the potential hazards nor is it designed to serve as a comprehensive training program related to AIDS or Hepatitis B. Each organization is responsible for developing their own policies and procedures relating to bloodborne pathogens and following Local, State, and Federal Regulations and Standards. Each organization must refer to their own medical and legal advisor for specific information for developing policies and procedures. | 18:00         | General Audience |
| 706           | <b>Controlling Exposure to Bloodborne Pathogens - DVD</b><br>Controlling Exposure to Bloodborne Pathogens explains new methods of infection control to prevent the occupational spread of HIV and Hepatitis B viruses, both leading to very serious diseases.   | 27:00         | General Audience |
| 707           | <b>Needlestick Injury Prevention 2000 - DVD</b><br>This short training video is designed to heighten awareness relating to needlestick injuries and to provide measures you can use to reduce these potentially serious injuries.   | 12:00         | Schools          |

## CONFINED SPACE ENTRY

|                          |  |       |                          |
|--------------------------|--|-------|--------------------------|
| 800                      | <b>Confined Space Hot Work: Checklist to Safety - DVD</b><br>The safety procedures for confined space hot work, including entry permits and hot work permits, are covered in this video.   | 20:00 | Confined Space Personnel |
| 801                      | <b>Confined Space Entry Retraining - DVD</b><br>Hazardous materials and waste are part of many work situations, and can be found on many job sites. OSHA feels that it is so important for employees to know how to recognize these potentially dangerous exposures they have mandated that anyone working around confined spaces receive comprehensive training in this area. | 15:00 | Confined Space Personnel |
| 802                      | <b>Survive Inside: Employee Safety in Confined Spaces - DVD</b><br>This video explains why entering confined spaces can be so hazardous and how those hazards can be controlled by following proper confined space entry procedures.   | 20:00 | Confined Space Personnel |
| 803                      | <b>Confined Space in Construction - DVD</b><br>Produced in conjunction with National Utility Contractors Association (NUCA), this video covers working safely in a confined space.   | 17:00 | Confined Space Personnel |
| 804<br>English / Spanish | <b>Confined Space Atmospheric Testing - DVD</b><br>Atmospheric testing can be one of the best lines of defense against this dangerous working condition. Confined Space Atmospheric Testing will help educate individuals on the basics and importance of proper atmospheric testing techniques for confined spaces.   | 18:00 | Confined Space Personnel |
| 805<br>English / Spanish | <b>Confined Space Ventilation – DVD</b><br>Special safety precautions required for confined space ventilation are reviewed in this important video, along with how and when to ventilate.  | 20:00 | Confined Space Personnel |
| 806<br>English / Spanish | <b>Confined Space Entry: Permit Required! - DVD</b><br>This video reviews the details on how to prepare a confined space entry permit and the best way to train a confined space entry team.   | 23:00 | Confined Space Personnel |
| 807                      | <b>Confined Space Entry – DVD</b><br>This video is designed to provide the viewer with safety basics in confined space entry.  | 19:00 | Confined Space Personnel |
| 808                      | <b>Confined Space: The Silent Killers – DVD</b><br>This video focuses on providing information that will show what you 'don't see' can hurt you when working in confined spaces.   | 20:00 | Confined Space Personnel |
| 809<br>English / Spanish | <b>Confined Space Entry: Keeping Public Employees Safe – DVD</b><br>Use this video to train your public employees to work safely in these dangerous spaces and keep your organization OSHA compliant.  | 15:00 | Confined Space Personnel |
| 810<br>English / Spanish | <b>Confined Space Non-Entry Rescue – DVD</b><br>The dangers of confined spaces and the major responsibilities of the attendant is covered in this video.   | 20:00 | Confined Space Personnel |



| Tape #                                | Title/Description   | Length | Audience                      |
|---------------------------------------|---|--------|-------------------------------|
| <b>CROSSING GUARD / SCHOOL SAFETY</b> |   |        |                               |
| 900                                   | <b>Street Smart is Street Safe – DVD</b><br>This video covers the components of safe street-crossing for children, and contains important information to help protect the safety of both school children and school crossing guards.<br><i>Video Produced by the MEL (Municipal Excess Liability Joint Insurance Fund)</i>  | 14:34  | Crossing Guards               |
| 901<br>English / Spanish              | <b>School Zone... Danger Zone – DVD</b><br>This video features interviews with teachers, parents, school administrators, police officers, and crossing guards who experience school zone driving challenges day in and day out. In memory of 120 crossing guards nationwide who have given their lives in the last 15 years while protecting our children.<br><i>Produced by the MEL (Municipal Excess Liability Joint Insurance Fund) &amp; JA Montgomery Consulting</i> | 10:47  | Crossing Guards               |
| 902<br>English / Spanish              | <b>Pedestrian Safety – DVD</b><br>Three important programs on one DVD!<br>• Walk the Walk • School Zone...Danger Zone • Street Smart is Street Safe<br><i>Produced by the MEL (Municipal Excess Liability Joint Insurance Fund) &amp; JA Montgomery Consulting</i>  | 30:00  | Crossing Guards               |
| 903                                   | <b>School Crossing Guards and Traffic Control – DVD</b><br>Adult crossing guards have become an integral part of school crossing protection and safety programs all over the world. Please keep in mind, this video can only provide guidelines. Always follow your organization's policies and procedures.   | 9:00   | Crossing Guards               |
| 904                                   | <b>School Bus Inspection – DVD</b><br>This video provides guidelines for a thorough vehicle inspection.   | 10:00  | School Bus Drivers            |
| 905                                   | <b>School Bus Safety (Elementary School Students) (Digital) – DVD</b><br>This video teaches students how to safely board and exit the school bus.   | 7:00   | School Bus Drivers / Students |
| 906                                   | <b>Bus Evacuation Drills for Students (Bus Drivers) – DVD</b><br>A training video for students to learn what they will need to know when evacuating a bus.  | 13:00  | School Bus Drivers / Students |
| 907                                   | <b>School Bus Safety (Parents &amp; Teachers) (Aurora) – DVD</b><br>This video stresses the importance of safety on the school bus that will help protect the children who ride it. Focuses on the responsibilities of Parents and Teachers.  | 13:00  | Parents & Teachers            |

## DRIVING SAFETY / HIGHWAY SAFETY

|      |   |       |         |
|------|---|-------|---------|
| 1000 | <b>The Blindfold Effect – DVD</b><br>This video focuses on three driving situations that involve more than half of all collisions<br>• following too closely • intersections • backing  | 20:00 | Drivers |
| 1001 | <b>Backing &amp; Parking – DVD</b><br>Give your employees a reminder course in safe driving practices with this video that discusses safe backing and parking techniques, common blind spots and how to avoid being the victim of someone else's carelessness.  | 6:50  | Drivers |
| 1002 | <b>Intersections: Among the Most Dangerous Places on Earth – DVD</b><br>This presentation explores the many threats in and around intersections and uses Smith System's "5 Keys" to provide drivers with simple-to-learn and easy to use techniques to dramatically reduce these threats.                             | 24:00 | Drivers |
| 1003 | <b>A Better Way: Small Vehicle Version – DVD</b><br>Hosted by actor George Kennedy, this video explores the effectiveness of the "5 Keys" system and our Space, Visibility and Time concepts as they relate to protecting drivers from the many dangers and hazards associated with the operation of a motor vehicle. | 22:00 | Drivers |



| <b>Tape #</b> | <b>Title/Description</b>   | <b>Length</b> | <b>Audience</b> |
|---------------|--|---------------|-----------------|
| 1004          | <b>Reversing The Trend: Small Vehicle Version – DVD</b><br>This video provides dozens of tips that make a difference in drivers approach to backing a vehicle.   | 23:00         | Drivers         |
| 1005          | <b>The Driver's E.D.G.E – DVD</b><br>This presentation will minimize the viewer's collision potential, while providing a foundation for a more relaxed driving experience.   | 17:00         | Drivers         |
| 1006          | <b>The Keys To Foul Weather Driving – DVD</b><br>This video demonstrates the many dangerous situations that arise when confronted with driving in foul weather.  | 17:00         | Drivers         |
| 1007          | <b>Fatigue Management – DVD</b><br>Fatigue has become a major concern for drivers and motor carriers alike. Nearly 60,000 collisions occur each year due to sleepy drivers. These crashes result in the deaths of almost 1600 people and cause over 40,000 serious injuries annually. The federal Department of Transportation estimates that there are nearly 8000 fatigue-related crashes each year. | 15:00         | Drivers         |
| 1008          | <b>Hang Up and Drive: The Jacy Good Story – DVD</b><br>This is a story that can help you change the culture of cell phone use and driving at your organization. Fifteen people die every day in North America because of cell phone use while driving. This is a story that can save lives.  | 20:00         | Drivers         |
| 1009          | <b>Texting &amp; Driving: The Facts – DVD</b><br>This video covers the three basic ways texting and driving distracts drivers and presents testimonials from a few drivers who have had personal experiences with texting and driving. Texting and driving not only affects you, it also affects those around you.   | 9:20          | Drivers         |
| 1010          | <b>Five Minute Fundamentals – DVD</b><br>This video contains a series of five, short presentations that can be shown separately or viewed all at once. The Five Fundamentals of safe defensive driving practices are: • Think and Look Ahead • Anticipate Hazards • Keep Your Options Open • Manage the Risk • Control with Finesse  | 25:00         | Drivers         |
| 1011          | <b>Driving Safety – DVD</b><br>Most employees travel the roads every day... in cars, vans or trucks, many of them on company business. This video provides the information employees need to drive cars, vans and small trucks safely both on and off the job.   | 20:00         | Drivers         |
| 1012          | <b>Safety Shorts: Programs 1-3 – DVD</b><br>• Vehicle Maintenance: An Important Responsibility (3 minutes 36 seconds)<br>• Health and Driving (5 minutes 26 seconds)<br>• Aiming High In Turns (6 minutes 16 seconds)  | 14:00         | Drivers         |
| 1013          | <b>Winter Driving: When Rules Change – DVD</b><br>This attention grabbing safety video dramatically illustrates the importance of adjusting our driving techniques when winter rolls around.   | 16:00         | Drivers         |
| 1014          | <b>Safe Winter Driving Considerations – DVD</b><br>This information packed video zeroes in on safety tips and techniques for handling the hazards of winter driving.   | 21:00         | Drivers         |
| 1015          | <b>Winter Driving Fundamentals...Includes Skid Recovery – DVD</b><br>In this video your employees will learn several important driving techniques that can help keep them safe on the road.  | 15:00         | Drivers         |
| 1016          | <b>Low Visibility &amp; Driving – DVD</b><br>This video presents preventive measures and corrective actions to improve a driver's ability to see and be seen when conditions are not ideal.  | 15:00         | Drivers         |
| 1017          | <b>'Road Rage': How To Protect Yourself – DVD</b><br>The presentation offers practical tips for building a 'Road Rage' defense... including how to control one's own anger while driving and how to avoid becoming a victim of other drivers' road rage.   | 15:00         | Drivers         |
| 1019          | <b>Distracted Driving – DVD</b><br>We've all seen them, drivers on the road drinking a cup of coffee, putting on make-up, eating a snack and talking on their cell phones. It's called 'distracted driving'. This video provides the information employees need to drive safely.   | 18:00         | Drivers         |

| <b>Tape #</b>             | <b>Title/Description</b>  | <b>Length</b> | <b>Audience</b> |
|---------------------------|---|---------------|-----------------|
| 1020                      | <b>Defensive Driving: A Crash Course – DVD</b><br>Motor vehicle accidents consistently account for a huge number of injuries and lost work days each year. This video gives drives the tips they need to become defensive drivers and avoid costly accidents behind the wheel, on the job and off.  | 15:00         | Drivers         |
| 1021<br>English / Spanish | <b>Defensive Driving: Prepared for the Worst – DVD</b><br>Defensive drivers anticipate how to deal with road hazards, poor weather conditions, vehicle collisions, crime and more. Learn how to stay in control by being prepared for the worst.  | 18:00         | Drivers         |
| 1022<br>English / Spanish | <b>Defensive Driving for Government Employees – DVD</b><br>That's nearly 43,000 deaths and countless more major injuries every year on our roads and for government employees, motor vehicle accidents are by far the leading cause of death on the job. This video looks at techniques to help prevent accidents from happening, and in the case of unavoidable accidents, help lessen their severity. | 19:00         | Drivers         |
| 1023                      | <b>Distracted Driving: At What Cost? – DVD</b><br>The video includes a two car crash that is investigated and shows how each driver was distracted leading up to the crash. It also includes an interview with a woman who was severely injured in a crash caused by a distracting cell phone conversation. Her parents also talk about how their entire family's lives were changed by the crash.      | 15:00         | Drivers         |
| 1024                      | <b>Driving the 5 Keys: Small Vehicles – DVD</b><br>This video provides drivers with a unique insight into common driving errors. Using a combination of footage taken from both ground-level and aerial perspectives, traffic patterns are analyzed utilizing the proven 5Key techniques.   | 19:00         | Drivers         |
| 1025                      | <b>The Keys to Safe Lane Changing and Merging – DVD</b><br>This video offers dozens of real- world tips and techniques that will have an instant and lasting impact on drivers of any type of vehicle.  | 15:00         | Drivers         |
| 1026                      | <b>Winter Driving Safety – DVD</b><br>This video explains the various road hazards with emphasis on safety.   | 20:00         | Drivers         |
| 1027                      | <b>Winter Driving: When the Rules Change (Ref) - DVD</b><br>This attention grabbing video dramatically illustrates the importance of adjusting our driving techniques when winter rolls around.   | 11:00         | Drivers         |
| 1028                      | <b>Shift Work: Preventing Fatigue – DVD</b><br>This video focuses on understanding fatigue from shift work and procedures to cope with change.  | 15:00         | Drivers         |
| 1029                      | <b>The Consequences of Driving A Motor Vehicle Under the Influence – DVD</b><br>This video talks about the hazard of drinking and driving. Always Drive Responsibly   | 15:00         | Drivers         |
| 1030                      | <b>Road Rage – DVD</b><br>The objective of this video is to provide information to help you make better driving decisions.  | 15:00         | Drivers         |
| 1031                      | <b>Safe Driving on Freeways – DVD</b><br>This video is not meant to serve as an operators training program, but simply a reminder of important driving tips drivers tend to forget from time to time.   | 7:00          | Drivers         |
| 1032                      | <b>Think N Drive – DVD</b><br>A training video won't change attitudes, but we believe if you learn and use this information and you'll be a better, safer driver.   | 19:00         | Drivers         |
| 1033                      | <b>Driving Reverse – DVD</b><br>This video shows drivers how they can avoid backing collisions and increase safety while parking and in other backing situations.   | 13:00         | Drivers         |

## DRUG AWARENESS

|      |   |       |                  |
|------|---|-------|------------------|
| 1100 | <b>Drug Free Workplace: Supervisor Version – DVD</b><br>This training video covers a supervisor's view and responsibility in identifying, creating and enforcing a drug free workplace program. | 33:00 | Supervisors      |
| 1101 | <b>Drugs in the Workplace: America in Jeopardy – DVD</b><br>Protect your workers and their employer with this video on how to avoid and overcome drug abuse in the workplace.                   | 20:00 | General Audience |

| <b>Tape #</b> | <b>Title/Description</b>   | <b>Length</b> | <b>Audience</b>  |
|---------------|--|---------------|------------------|
| 1102          | <b>Dealing with Drug &amp; Alcohol Abuse... for Employees – DVD</b><br>This training video discuss the various types of substance abuse that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help keep their workplace drug and alcohol free.   | 19:00         | General Audience |
| 1103          | <b>Dealing with Drug &amp; Alcohol Abuse... for Managers &amp; Supervisors – DVD</b><br>The training video discusses the various forms of substance abuse that are typically found in the workplace, how managers and supervisors can detect substance abuse problems, and what they should and shouldn't do if they discover a worker with a substance abuse problem. | 19:00         | Supervisors      |
| 1104          | <b>DOT Alcohol &amp; Drug Rules – DVD</b><br>This safety video is a general overview of the Federal Motor Carrier Safety Administration's (FMCSA) Alcohol and Drug Testing Rules for persons required to obtain a Commercial Driver's License (CDL). The information is intended to provide a general summary of the rules.  | 50:00         | Supervisors      |
| 1105          | <b>Chemical Dependency – DVD</b><br>This video focuses on the Supervisor's responsibilities on handling chemical dependency employees.   | 21:00         | Supervisors      |

## ELECTRICAL / LOTO / ARC FLASH

|                           |   |       |                        |
|---------------------------|---|-------|------------------------|
| 1200                      | <b>Electrical Safety: NFPA 70E – DVD</b><br>Electrical Safety: NFPA 70E train employees on the hazards of working with electrical currents. Make sure your employees understand and can apply the strengthened safeguards in NFPA 70E that can prevent electrical injuries and deaths.  | 18:00 | Public Works Utilities |
| 1201                      | <b>Electrical Safety for Non-Electricians – DVD</b><br>This video is designed for general employees to raise awareness about electrical hazards and help prevent common electrical injuries.  | 18:00 | General Audience       |
| 1204                      | <b>Lock Out/Tag Out: Mobile Construction Equipment – DVD</b><br>This video provides a simple straight-forward process designed to meet OSHA requirements as they relate to work on mobile construction equipment of all types. Reference to the specific OSHA regulations effecting this process.   | 24:00 | Public Works Utilities |
| 1205                      | <b>More High Impact Lockout / Tagout Safety Training – DVD</b><br>This video stresses the importance of controlling hazardous energy in all required situations while providing viewers with a basic understanding of the key elements in the lockout/tagout process. Also featured are six workplace injury reenactments that illustrate the devastating consequences of improper lockout/tagout operations. | 33:00 | Public Works Utilities |
| 1206                      | <b>Electrical Safety – DVD</b><br>This video reminds employees about electrical hazards they may face in their jobs, and provides the information they need to work safely around electricity. This video will also assist in satisfying the OSHA training requirements under 29 CFR Part 1910.331 (Electrical Safety Standard) for "non-qualified" employees.  | 14:00 | Public Works Utilities |
| 1207                      | <b>Arc Flash Safety – DVD</b><br>An arc flash is a type of electrical explosion. It's a serious hazard when working on or near energized electrical equipment. This video introduces the dangers of arc flash and presents common methods for preventing and protecting against those dangers.  | 15:00 | Public Works Utilities |
| 1208                      | <b>Safe Electrical Work Practices (NFPA 70E 2015) (Ref) – DVD</b><br>This video provides an overview of the 2015 edition of NFPA 70E and shows how following its guidelines helps keep electrical workers safe.   | 16:00 | Public Works Utilities |
| 1209                      | <b>Lock Out/Tag Out: When Everyone Knows – DVD</b><br>This dramatic video will help you comply with 1910.147 by explaining critical lock-out/tag-out procedures.  | 17:00 | Public Works Utilities |
| 1210<br>English / Spanish | <b>Electrical Safety: Working Around Live Circuits – DVD</b><br>Unwire the currents of electrical dangers for your employees with this video. It is designed for qualified electrical workers and it discusses the basis of OSHA's qualification requirements.  | 7:00  | Public Works Utilities |

| <b>Tape #</b> | <b>Title/Description</b>  | <b>Length</b> | <b>Audience</b>           |
|---------------|---|---------------|---------------------------|
| 1211          | <b>The Mark Standifer Story: Lessons Learned from Arc Flash Tragedy – DVD</b><br>Mark Standifer received 2nd and 3rd degree burns over 4 percent of his body and was nearly killed when he was engulfed in an arc blast while performing an electrical task at a wastewater treatment plant. The importance of understanding all hazards of a job task and taking the necessary precautions to protect yourself from them is stressed throughout the video. | 12:00         | Public Works<br>Utilities |
| 1212          | <b>Arc Flash – DVD</b><br>This video focuses on what arc flash, its hazards and how employees can avoid it on the job. It also provides practical procedures employees can use to protect themselves from electric shock.   | 15:30         | Public Works<br>Utilities |
| 1213          | <b>Lock Out/Tag Out (Marcom) – DVD</b><br>This video provides employees with the information they need to avoid energy-related hazards.   | 21:00         | Public Works<br>Utilities |
| 1214          | <b>Lock Out/Tag Out (Digital) – DVD</b><br>Lockout requires that energy sources for equipment be turned off or disconnected and that the switch or energy source be locked. Tagout requires that the equipment or switch be turned off or disconnected and labeled with a warning tag.  | 15:00         | Public Works<br>Utilities |

## EMERGENCY MEDICAL SERVICES (EMS)

|                              |   |       |                         |
|------------------------------|---|-------|-------------------------|
| 1300                         | <b>Back Safety for EMS/Fire: The Principles &amp; Strengthening – DVD</b><br>This video provides EMS personnel with guidelines and exercises that can reduce the chance of back pain.   | 30:00 | Emergency<br>Responders |
| 1301                         | <b>EMS Patient Lifting - Preventing Back Injuries – DVD</b><br>This video takes a look at the unusual situations you encounter on a daily basis, to see if we can make the job easier and less likely to cause an injury.   | 13:00 | Emergency<br>Responders |
| 1302<br>English /<br>Spanish | <b>Back Safety For First Responders – DVD</b><br>While EMT's, firefighters and law enforcement officers take care of others, you have to take care of them. To keep them healthy, lean on these solid safety techniques and exercises to keep their back muscles strong and flexible.                         | 20:00 | Emergency<br>Responders |
| 1303<br>English /<br>Spanish | <b>Bloodborne Pathogens for Fire and Rescue – DVD</b><br>This video examines the threat on the job and offers precautions and guidelines to follow, so that saving someone's life doesn't endanger the lives of your personnel.   | 16:00 | Emergency<br>Responders |
| 1304                         | <b>Emergency Responders Bloodborne Pathogens – DVD</b><br>In your job as emergency responders, there's a new threat to your own personal safety and health and it's called bloodborne pathogens. This video is about protecting your health from bloodborne pathogens while you're performing these services. | 26:00 | Emergency<br>Responders |

## EMERGENCY PREPAREDNESS

|                              |  |       |                     |
|------------------------------|--|-------|---------------------|
| 1400                         | <b>Anthrax: Remediating the Effects of Bioterrorism – DVD</b><br>On October 5, 2001, a man in Boca Raton Florida died of inhalation anthrax. 17 more people were diagnosed in the following days and anthrax spores were found in buildings in New York City, Senate office buildings in Washington, DC, and several post offices along the east coast. Sampling the extent of contamination in the Florida building revealed that the anthrax contamination had been spread through the mail. | 24:00 | General<br>Audience |
| 1401<br>English /<br>Spanish | <b>Emergency Evacuation: Getting Out Alive – DVD</b><br>This video explains several emergency situation responses, the importance of drills and the principles of RACE. It prepares your employees to handle any disaster - natural or otherwise and covers: <ul style="list-style-type: none"> <li>• How to respond in several emergency situations</li> <li>• The importance of drills</li> <li>• RACE (Rescue, Alert, Contain &amp; Evacuate)</li> </ul>                                    | 16:00 | General<br>Audience |
| 1402                         | <b>Severe Weather Alert: 'Are You Prepared?' – DVD</b><br>This video offers some facts, tips and warnings that can help you survive serious weather emergencies.   | 15:00 | General<br>Audience |

| Tape # | Title/Description  | Length | Audience         |
|--------|--|--------|------------------|
| 1403   | <b>Introduction to Incident Command System (ICS) – DVD</b><br>On February 2, 2003, President Bush requested the development of an Incident Command System for Federal, state and local agencies to use for any type emergency. ICS allow all responding agencies to use a common organizational structure and 'language' for any situation resulting in more effective response during multiagency missions.   | 8:30   | Response Team    |
| 1404   | <b>Earthquake Safety – DVD</b><br>This video explains how to prepare for earthquakes and other emergencies at work. Designed to mitigate property damage and prevent injuries during emergencies.  | 13:00  | General Audience |
| 1405   | <b>Emergency Evacuation – DVD</b><br>This video explains the essentials of evacuations, precautions to take, and what to do in case of an emergency. Although designed for large buildings it can be adapted to any size facility.   | 12:00  | General Audience |
| 1406   | <b>Swept Away... A Guide To Water Rescue Operations – DVD</b><br>In emergency situations, swift-flowing water can become a deadly adversary for both victims and rescuers alike. This video is a resource for any emergency personnel who are called upon to respond to water-related emergencies.   | 31:00  | Response Team    |
| 1407   | <b>'Are You Ready?' - Regional Disaster Preparedness – DVD</b><br>In order to encourage Houston area citizens to prepare themselves, their families, and their communities, an instructional video has been developed to help educate and empower everyone to prepare for and respond to all kinds of emergencies. The video is designed to detail how families can make a family emergency plan, build an emergency supply kit, and be informed about the different types of emergencies in our community. Contains other featured videos: • Disaster Preparedness for Kids-12 min • Make the Call: Terrorism Prevention-6 min • Together Against the Weather- 4 min • Run, Hide, Fight-6 min Visit: <a href="http://www.readyhouston.tx.gov/videos.html">http://www.readyhouston.tx.gov/videos.html</a>                      | 30:00  | General Audience |
| 1408   | <b>'Are You Ready?' - Regional Disaster Preparedness (Multiple Languages) – DVD</b><br>In order to encourage Houston area citizens to prepare themselves, their families, and their communities, an instructional video has been developed to help educate and empower everyone to prepare for and respond to all kinds of emergencies. The video is designed to detail how families can make a family emergency plan, build an emergency supply kit, and be informed about the different types of emergencies in our community. Contains other featured videos: • Disaster Preparedness for Kids-12 min • Make the Call: Terrorism Prevention-6 min • Together Against the Weather- 4 min • Run, Hide, Fight-6 min Visit: <a href="http://www.readyhouston.tx.gov/videos.html">http://www.readyhouston.tx.gov/videos.html</a> | 30:00  | General Audience |
| 1409   | <b>First Aid – DVD</b><br>This video will show employees that knowing basic first aid can often limit the severity of any type of injury, or even prevent a death.   | 13:00  | General Audience |
| 1410   | <b>First Aid: Until Help Arrives – DVD</b><br>In this video, best-selling author/EMT Martin Lesperance shares experiences and tips he's learned from 25 years of working in emergency services while showing viewers how to respond in a variety of emergency situations.  | 10:00  | General Audience |
| 1411   | <b>CPR AED Awareness Training – DVD</b><br>Include in this video is a step by step approach on what to do for an adult cardiac emergency, calling 911, and a comprehensive description and demonstration section on how to perform CPR for the adult age group. A brief introduction and how to operate an AED (Automated External Defibrillator) is reviewed.   | 31:00  | General Audience |
| 1412   | <b>Emergency Preparedness &amp; Response – DVD</b><br>The purpose of this video is to familiarize viewers with basic emergency response practices that will help them be prepared for and respond to a crisis or an emergency.   | 22:00  | General Audience |
| 1413   | <b>Disaster Workers Code of Safe Practices – DVD</b><br>This video reviews some basic guidelines and a code of safe practices to help disaster workers during emergencies.   | 16:00  | Response Team    |
| 1414   | <b>Incident Safety – DVD</b><br>Natural or man-made disasters are destructive which requires experienced dedicated professionals to provide emergency services. The first safety priority is of the disaster workers. This video provides the basics of safety in assisting in a disaster.   | 18:00  | Response Team    |



| <b>Tape #</b>             | <b>Title/Description</b>  | <b>Length</b> | <b>Audience</b>  |
|---------------------------|---|---------------|------------------|
| 1415                      | <b>Incident Command Safety (ICS) – DVD</b><br>The Incident Command System is recognized by the National Fire Academy and is a documented system that successfully manages all available resources at any incident. This video covers all the components of an Incident Command System.  | 15:00         | Firefighters     |
| 1416<br>English / Spanish | <b>Public Building Security: It's Everyone's Concern – DVD</b><br>Buildings are not as safe and secure as they once were. They are vulnerable to more dangers, including terrorist attacks. It is thus more important than ever NOT to let safety standards crumble down. Build a solid foundation of safety with this video, which examines vital building security measures to ensure the safety of everyone. | 17:00         | General Audience |
| 1417                      | <b>What to do in Case of an Emergency – DVD</b><br>No matter what job you have or in what industry, safety is your responsibility. This video is about emergency actions to help you and fellow workers in the event of a major emergency.  | 16:00         | General Audience |
| 1418                      | <b>AED: Automated External Defibrillators – DVD</b><br>This video focuses on the laws pertaining to AED and proper procedures when assisting a person in need.  | 12:00         | General Audience |
| 1419                      | <b>Emergency First Aid – DVD</b><br>This video is designed to provide basic information on how to properly apply first aid in emergency situations.   | 19:00         | General Audience |
| 1420                      | <b>Emergency Incident Response – DVD</b><br>This video is designed to provide basic information and guidelines relating to emergency response.  | 10:00         | Response Team    |
| 1421                      | <b>Emergency Planning – DVD</b><br>Existing OSHA, SARA Title III, and numerous state regulations call for all facilities to meet a number of Emergency Preparedness/Crisis Management requirements. This video helps facilities in complying with these regulations and preparing for potential emergency situations.   | 16:30         | General Audience |
| 1422                      | <b>Evacuation Procedures – DVD</b><br>Imagine a crisis striking your workplace. The only option is for everyone to get out. This video provides information employees need to learn to act quickly and safely during an evacuation.   | 18:44         | General Audience |

## EMPLOYEE CONDUCT / HARASSMENT / VIOLENCE IN THE WORKPLACE

|      |  |       |                  |
|------|--|-------|------------------|
| 1500 | <b>Violence on the Job – DVD</b><br>This video will assist you in offering safety and health at work for all people through research into the problem and prevention techniques.   | 27:00 | General Audience |
| 1501 | <b>Conflict Resolution in the Office – DVD</b><br>Conflict in the workplace is inevitable. Anytime two or more people come together, they will eventually disagree about something. The good news about conflict is that it is usually based on "caring". The more someone defends their point of view in an argument, the more they care. But if conflict is allowed to fester and grow without a resolution, it can lead to serious problems such as threats and even physical violence. The effectiveness of an entire organization can be harmed if conflict is allowed to escalate. | 17:00 | General Audience |
| 1502 | <b>No Tolerance (2011 Edition) – DVD</b><br>This video discuss EPL issues that municipalities face on a daily basis:<br>• Workplace Harassment • Discrimination • Wrongdoing<br><i>Video Produced by the MEL (Municipal Excess Liability Joint Insurance Fund) &amp; JA Montgomery Consulting</i>  | 17:00 | General Audience |
| 1503 | <b>Workplace Harassment in the Office – DVD</b><br>This video discuss the various types of harassment that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help prevent workplace harassment.   | 17:00 | General Audience |
| 1504 | <b>Personal Liability in the Workplace Pranks &amp; Harassment – DVD</b><br>This video explains the problem and provides the steps to take to prevent such actions in the workplace. This video should be viewed by all employees, supervisors and management, to reduce individual and company liability.   | 12:00 | General Audience |

| Tape # | Title/Description   | Length | Audience         |
|--------|---|--------|------------------|
| 1505   | <b>Workplace Violence: Employee Training – DVD</b><br>This video discusses the increase in violence in the last decade, and reviews the various identified causes and symptoms. It stresses the need for recognition and early intervention. While focused on employee recognition it is a good review of supervisor and managerial responses and responsibilities.   | 17:00  | General Audience |
| 1506   | <b>'Run, Hide, Fight': Surviving An Active Shooter Event – DVD</b><br>The Mayor's Office of Public Safety and Homeland Security Department produced this video, which offers a three-step guide on confronting such an unthinkable scenario: Run, Hide, Fight This video was produced to educate everyone on how to best handle an Active Shooter situation in the workplace or in public. While we encourage you to watch this video and learn how best to react to such an event, we also warn you, this content, like it's subject matter, is violent in nature. Visit: <a href="http://www.readyhouston.tx.gov/videos.html">http://www.readyhouston.tx.gov/videos.html</a>                      | 6:00   | General Audience |
| 1507   | <b>'Run, Hide, Fight': Surviving An Active Shooter Event (Multiple Languages) – DVD</b><br>The Mayor's Office of Public Safety and Homeland Security Department produced this video, which offers a three-step guide on confronting such an unthinkable scenario: Run, Hide, Fight This video was produced to educate everyone on how to best handle an Active Shooter situation in the workplace or in public. While we encourage you to watch this video and learn how best to react to such an event, we also warn you, this content, like it's subject matter, is violent in nature. Visit: <a href="http://www.readyhouston.tx.gov/videos.html">http://www.readyhouston.tx.gov/videos.html</a> | 6:00   | General Audience |
| 1508   | <b>Workplace Violence – DVD</b><br>This video will show employees how to recognize the warning signs of possible violent behavior, as well as how to avoid or defuse potentially dangerous situations.  | 14:00  | General Audience |
| 1509   | <b>Preventing Harassment: Creating a Positive Office – DVD</b><br>This safety video discusses various types of workplace harassment and how this unwelcome behavior affects the work environment. It also explains what you should do if you are a victim or observer of disrespectful conduct and how you can avoid having your own behavior interpreted as harassment.  | 11:00  | General Audience |
| 1510   | <b>Bullying and Respect in the Workplace – DVD</b><br>Filmed in five diverse workplaces, this video teaches viewers how to speak up if they experience or witness disrespectful behavior. It also teaches them to get help from supervisors, HR or other designated resources if the behavior does not stop or if they do not feel comfortable with handling the situation themselves.  | 20:00  | General Audience |
| 1511   | <b>Active Shooter: Helping Prevent Tragedy – DVD</b><br>The purpose of this informative training is not to cause unnecessary alarm in the viewers, but to enlighten them regarding some of the elements of an active shooter scenario and what they should be prepared to do if they find themselves involved in a situation that they need to know how to deal with it.  | 8:40   | General Audience |
| 1512   | <b>Active Shooter and Workplace Violence – DVD</b><br>The purpose of this video is to familiarize you with basic response practices when encountering workplace violence, practices that will help you to be prepared for and to respond to a violent emergency.  | 10:00  | General Audience |
| 1513   | <b>Active Shooter: How to Survive – DVD</b><br>This short dramatic video clearly demonstrates the essentials for surviving a tragic event that happens all too often across our country. The video follows a dramatization of an active shooter event and identifies proper behavior and procedures that save the lives of those involved. An emergency response dispatcher then reviews the key actions that saved the employees lives.  | 7:00   | General Audience |
| 1514   | <b>Bullying and Other Disruptive Behavior... for Employees – DVD</b><br>Employees and managers both need to understand bullying and disruptive behavior, and know what to do to prevent it or shut it down. This video discusses: <ul style="list-style-type: none"> <li>• how to recognize bullies and disruptive people</li> <li>• explains the impact their behavior can have</li> <li>• outlines the steps employees can take to help address these problems</li> </ul>   | 17:00  | General Audience |



| <b>Tape #</b> | <b>Title/Description</b>  | <b>Length</b> | <b>Audience</b>         |
|---------------|---|---------------|-------------------------|
| 1515          | <b>Bullying and Other Disruptive Behavior... for Managers – DVD</b><br>Employees and managers both need to understand bullying and disruptive behavior, and know what to do to prevent it or shut it down. This video focuses on: • tools and techniques that can be used to raise awareness of the problem in a department • investigate reports of disruptive behavior • intervene as necessary | 22:00         | Supervisors<br>Managers |
| 1516          | <b>Workplace Violence (Training Network) – DVD</b><br>This video trains employees on • how to recognize the warning signs of possible violent behavior • help to prevent violence in their facilities and respond safely if aggression takes place • how to avoid or defuse potentially dangerous situations (c/o 2018)   | 14:00         | Supervisors<br>Managers |
| 1517          | <b>We Must Respect Each Other in Local Government – DVD</b><br>This course discusses the right of each employee to a workplace free of harassment and each employee's duty to respect the rights of all other employees.<br><i>Video Produced by the MEL (Municipal Excess Liability Fund)</i>  | 22:00         | Supervisors<br>Managers |

## EXCAVATION / TRENCHING / SHORING

|      |   |       |                           |
|------|---|-------|---------------------------|
| 1600 | <b>The Competent Person &amp; Soil Classification – DVD</b><br>If you have been around construction or public works for any length of time, you know that working around trenches can be dangerous. This video reviews competent person, inspections, soil classification and manual testing.   | 20:00 | Public Works<br>Utilities |
| 1601 | <b>Trench Safety for Field Personnel – DVD</b><br>This training video has been developed specifically for those persons actually working in or around trenches, excavations. An excellent refresher course for anyone in this category. Basic information stresses trenching safety, equipment, different types of soils and the competent person job responsibilities. Discusses pre-planning, how heavy soil is, cave-ins and other day to day risks and hazards. | 14:00 | Public Works<br>Utilities |
| 1602 | <b>Seeing is Believing: Safely Exposing Buried Utilities – DVD</b><br>Knowing the colors and meaning of utility markers is only part of the answer to safe damage-free digging. Physically exposing buried utilities in a safe efficient way is absolutely vital to any installation or repair. Learn the most efficient and cost effective means through this video.   | 23:00 | Public Works<br>Utilities |
| 1603 | <b>Digging Dangers XVI: Excavation Tragedies – DVD</b><br>This video covers some of the worst excavation accidents of 2004.   | 20:00 | Public Works<br>Utilities |
| 1604 | <b>Competent Person - Trenching &amp; Shoring – DVD</b><br>It occurs year after year, workers needlessly dying in trench cave-ins. The tragedy lies with the fact that these workers should have never have been in a situation in which their lives were on the line. According to NIOSH, these deaths are entirely preventable.   | 29:00 | Public Works<br>Utilities |
| 1605 | <b>Trenching &amp; Shoring (Ref) - (Digital) – DVD</b><br>This video reviews • causes of fatalities • soil • causes of cave-ins • what is a trench • OSHA Standards • what the competent person must do • inspections • hazardous atmospheres • water control • soil classification • manual testing • pocket penetrometer  | 14:00 | Public Works<br>Utilities |
| 1606 | <b>Trenching and Shoring Safety (Marcom) – DVD</b><br>Employees need to understand the hazards that can be encountered in trenching work as well as the OSHA regulations and safe work practices that can prevent accidents from occurring. This video provides employees with this important information.  | 22:00 | Public Works<br>Utilities |

## EYE SAFETY

|      |   |       |                           |
|------|---|-------|---------------------------|
| 1700 | <b>Eye Safety Update – DVD</b><br>This updated training video shows employees that many eye problems are caused by not paying attention to the work that they are doing or not wearing appropriate PPE. | 15:00 | Public Works<br>Utilities |
| 1701 | <b>Safety Showers &amp; Eye Washes – DVD</b><br>This video reviews situations where safety showers and eye washes should be used, as well as how to properly use them.                                  | 13:00 | Public Works<br>Utilities |

| Tape #                       | Title/Description  | Length | Audience                  |
|------------------------------|--|--------|---------------------------|
| 1702                         | <b>The Horror of Losing an Eye – DVD</b><br>This video is a <i>graphic</i> display of eye diseases, eye injuries and eye traumas. It covers solid information on eye injury prevention and emergency treatments. <a href="#">Viewer Discretion</a> | 13:00  | Public Works<br>Utilities |
| 1703<br>English /<br>Spanish | <b>The Eyedeology of Safety – DVD</b><br>This video reviews how to avoid an eye injury as well as emergency procedures to follow if an accident should occur.  | 20:00  | Public Works<br>Utilities |
| 1704                         | <b>Eye Safety – DVD</b><br>This safety video provides three steps to eye safety that is extremely easy to relate to and understand.  | 12:00  | Public Works<br>Utilities |
| 1705                         | <b>Eye Protection: A New Approach – DVD</b><br>This video delivers important information on eye protection with a unique emphasis on personal responsibility.  | 16:00  | Public Works<br>Utilities |

## FALL PROTECTION / LADDER / SCAFFOLD SAFETY

|                              |  |       |                            |
|------------------------------|--|-------|----------------------------|
| 1800<br>English /<br>Spanish | <b>Personal Fall Protection: One Step Beyond – DVD</b><br>This training video, based on Subpart M of OSHA Standard 1926, highlights fall protection measures for general industry employees.   | 13:00 | Public Works;<br>Utilities |
| 1801                         | <b>Ladder Safety (Ref) – DVD</b><br>This video is designed for step and straight ladders and reviews: • safety requirements • belt buckle rule • 4:1 ratio of straight ladders • how to reduce ladder injuries • unsafe behavior                                   | 7:00  | General<br>Audience        |
| 1802                         | <b>Supported Scaffolding Safety – DVD</b><br>This video helps employees understand the dangers of working with scaffolds and how these risks can be minimized by knowing the correct ways to erect, maintain and use scaffolding equipment.                        | 23:00 | Public Works<br>Utilities  |
| 1803                         | <b>Surviving the Fall – DVD</b><br>In this video viewers will see fall protection equipment deployed in actual fall events and learn the proper selection and use of these devices and having a rescue plan in place should a fall occur.                          | 20:00 | Public Works<br>Utilities  |
| 1804                         | <b>Ladder Safety (Aurora) – DVD</b><br>Over 300 people are killed every year and 165,000 are injured while using ladders. This safety video will help keep you and your employees safe while using ladders.  | 17:00 | Public Works<br>Utilities  |
| 1805                         | <b>Fall Protection (Aurora) – DVD</b><br>This video provides the information employees need to work safely when they are 'off the ground' and assists in the OSHA Standard on Fall Protection.   | 12:00 | Public Works<br>Utilities  |
| 1806                         | <b>ABC's of Your Personal Fall Arrest System – DVD</b><br>This video shows viewers how to properly select and use personal fall arrest systems so they can work safely above ground.   | 9:00  | Public Works<br>Utilities  |
| 1807                         | <b>Fall Protection (Digital) – DVD</b><br>This video provides information on the various types of fall protection, when and how to use the protective equipment with emphasis on safety.   | 19:00 | Public Works<br>Utilities  |
| 1808                         | <b>About Personal Fall Arrest System (Concise) – DVD</b><br>This video reviews the proper selection and use of fall arrest equipment.  | 12:00 | Public Works<br>Utilities  |
| 1809                         | <b>Walkways, Ladders &amp; Elevations: Don't Slip &amp; Fall – DVD</b><br>Slips and falls were the major causes of injuries in the early days of safety. This video discusses the causes of trips, slips and falls and prevention.                                 | 12:00 | General<br>Audience        |
| 1810                         | <b>Scaffold Safety – DVD</b><br>It is important that work crews maintain and use scaffolds in a safe manner. This video is designed to review the basics of scaffolds with emphasis on safety procedures.  | 10:00 | Public Works<br>Utilities  |
| 1811                         | <b>Roof Top Safety – DVD</b><br>Working on roof tops requires specialized types of fall protection. This video outlines what types of fall protection are required and when, and the steps workers must take to comply with regulations and work in a safe manner. | 7:00  | Public Works<br>Utilities  |

| Tape #                        | Title/Description  | Length | Audience        |
|-------------------------------|--|--------|-----------------|
| <b>FIRE DEPARTMENT SAFETY</b> |  |        |                 |
| 1900                          | <b>Occupational Disease Prevention for Firefighters – DVD</b><br>This 25 minute video discusses some of the common exposures firefighters face in the field and in fire stations, and what they can do to reduce their risk of contracting occupational diseases.  | 25:00  | Fire Department |
| 1901                          | <b>Tactical Perspectives: Command – DVD</b><br>Lt. Ricci and Deputy Chief Anthony Avillo, North Hudson (NJ) Regional Fire & Rescue, illustrate the perspective of command and review the issues involved in a room-and-contents fire, attic fire and a basement fire.  | 41:00  | Fire Department |
| 1902                          | <b>Tactical Perspectives: Fire Attack – DVD</b><br>Lt. Ricci and Chris Pepler, Deputy Fire Chief, Torrington (CT) Fire Department, outline the importance of an engine company sizing up, choosing the correct hoseline, and selecting the proper water supply.  | 23:00  | Fire Department |
| 1903                          | <b>Tactical Perspectives: Ventilation – DVD</b><br>Lt. Ricci and P.J. Norwood, Deputy Chief of the East Haven (CT) Fire Department, outline the importance of coordinating ventilation with the other disciplines on the fireground.   | 28:00  | Fire Department |
| 1904                          | <b>Tactical Perspectives: Search – DVD</b><br>Lt. Ricci and Jim Duffy, Battalion Chief/Shift Commander, Wallingford (CT) Fire Department, outline the importance of a primary search and a secondary search, and look at hostile searches, VES, and other tactics that help ensure a positive outcome and keeping ourselves safe.                | 22:00  | Fire Department |
| 1905                          | <b>Tactical Perspectives: Mayday – DVD</b><br>Lt. Frank Ricci and Chief P.J. Norwood discuss potential tactical failures on the fireground and the significance of Mayday training on all levels of the fire department, from probie up to the chief, in order to properly mitigate a Mayday situation.  | 37:00  | Fire Department |
| 1906                          | <b>Tactical Perspectives: Dispatch – DVD</b><br>Chief P.J. Norwood and Lt. Ricci illustrate a dispatch's role in handling a Mayday situation who is often the critical link who facilitates the safe rescue of the trapped or missing firefighter.   | 35:00  | Fire Department |
| 1907                          | <b>Bread &amp; Butter Operations: Car Fires – DVD</b><br>Chief Doug Leihbacher covers properly responding to a vehicle fire and the hazards associated with this type of call as well as how to properly extinguish the fire whether it is in the engine, trunk or passenger compartment.  | 31:00  | Fire Department |
| 1908                          | <b>Bread &amp; Butter Operations: Fire Streams – DVD</b><br>Aaron Fields discusses the various fire stream options available to today's firefighters and how to properly use them to effectively, efficiently, and safely operate during fire attack.  | 31:00  | Fire Department |
| 1909                          | <b>Bread &amp; Butter Operations: Ground Ladders – DVD</b><br>Lt. Mike Ciampo walks you through the proper use of ground ladders on the fireground.  | 33:00  | Fire Department |
| 1910                          | <b>Bread &amp; Butter Operations: Initial Attack Lines – DVD</b><br>Chief Jeff Shupe explains how to properly estimate the length of hose needed on the fireground, stretching that hose into place, and then advancing it into and through the structure.   | 26:00  | Fire Department |
| 1911                          | <b>Bread &amp; Butter Operations: SCBA – DVD</b><br>Chief Phil Jose covers the daily check (visual and operational) of the Self-Contained Breathing Apparatus (SCBA) as well as the proper way to don and doff the SCBA.   | 28:00  | Fire Department |
| 1912                          | <b>Bread &amp; Butter Operations: Search &amp; Rescue – DVD</b><br>Chief Skip Coleman discusses the strengths and weaknesses of the many different search techniques that have been popular through the history of the fire service, and explains why oriented search is the new standard for fireground search for bread and butter structures. | 28:00  | Fire Department |
| 1913                          | <b>Bread &amp; Butter Operations: Ventilation – DVD</b><br>Firefighter Joe Alvarez looks at the basic characteristics of smoke and heat, and shows how to use those characteristics to properly vent a fire.   | 25:00  | Fire Department |

| Tape # | Title/Description   | Length | Audience        |
|--------|---|--------|-----------------|
| 1914   | <b>Pride &amp; Ownership: A Firefighter's Love of the Job – DVD</b><br>In this thought-provoking and inspirational session from FDIC 2001, Chief Rick Lasky gives an upfront and honest criticism about the need to reignite the love of the job on every level, from chiefs and on down. | 31:00  | Fire Department |
| 1915   | <b>Surface Ice Rescue – DVD</b><br>With this video learn the safest and most effective Ice rescue procedures.   | 26:00  | Fire Department |

## FIRE EXTINGUISHERS / FIRE SAFETY

|      |  |       |                  |
|------|--|-------|------------------|
| 2000 | <b>Fire Extinguishers: Ready To Respond – DVD</b><br>The confidence of gaining the proper knowledge through this video can help the panic and confusion usually common to most fire emergencies.   | 13:00 | General Audience |
| 2001 | <b>Fire Prevention and Safety – DVD</b><br>This video teach employees the importance of preventing and dealing with fire emergencies.  | 17:00 | General Audience |
| 2002 | <b>Fire Prevention in the Office – DVD</b><br>The training video looks at what causes fires in office environments, reviews steps that can be taken to help prevent fires and discusses what employees should do in case of a fire emergency.  | 16:00 | General Audience |
| 2003 | <b>The Safe Operation and Use of Fire Extinguishers – DVD</b><br>The training video looks at what causes fires in office environments, reviews steps that can be taken to help prevent fires and discusses what employees should do in case of a fire emergency.                       | 8:00  | General Audience |
| 2004 | <b>Using Fire Extinguishers – DVD</b><br>This video look at why things burn, review the types of fire extinguishers that are found in facilities today, and discuss how to use fire extinguishers to fight small fires.  | 18:00 | General Audience |
| 2005 | <b>Fire Extinguisher Basic Training (Ref) – DVD</b><br>This safety training video will provide viewers with the basic information they need to react safely in a potentially dangerous situation involving a fire  | 10:00 | General Audience |
| 2006 | <b>Fire Safety for Office Workers (Ref) – DVD</b><br>This video discusses how to eliminate the factors that contribute to the ignition of fires and how to respond if a fire were to break out.  | 11:00 | General Audience |
| 2007 | <b>About Fire Prevention &amp; Response – DVD</b><br>Correcting fire hazards and knowing how to respond to a fire can prevent injuries and save lives. This video discusses how workers can prevent fires & how they should respond should one occur.                                  | 12:00 | General Audience |
| 2008 | <b>Fire Prevention Responsibilities – DVD</b><br>Good housekeeping is another basic safety tip. Check out those janitor closets and other storerooms to make sure there are no flammables or combustibles improperly stored and keeping areas clean, neat, and organized.              | 11:00 | General Audience |
| 2009 | <b>Advanced Fire Extinguisher Training – DVD</b><br>This video will provide information and help become familiar with extinguishers, fire prevention and understanding an emergency action in the event of a fire.   | 19:00 | General Audience |
| 2010 | <b>Commercial Kitchen Fire Prevention – DVD</b><br>This video outlines these principles and delivers information vital to preventing and containing fires in your establishment. Different types of fire suppression systems are discussed as well as how to operate and inspect them. | 5:00  | General Audience |

## FLAGGER / WORK ZONE SAFETY

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|------|---|-------|---------------------|
| 2100 | <b>Flagger Safety – DVD</b><br>This video explains proper equipment, operating rules and professional attitude during this important assignment for anyone who is assigned the task of traffic control/flagger.   | 15:00 | Work Zone Personnel |
| 2101 | <b>Road Crew Safety: Safe Practices for Road Construction &amp; Paving Crews – DVD</b><br>Working in close proximity to heavy equipment causes more accidents than most people realize. This video examines work zone dangers and offers advice on ways to lower the risks. | 26:00 | Work Zone Personnel |

| <b>Tape #</b> | <b>Title/Description</b>   | <b>Length</b> | <b>Audience</b>     |
|---------------|--|---------------|---------------------|
| 2102          | <b>Flagger Safety (Public Agency) – DVD</b><br>The Manual of Traffic Controls for Construction and Maintenance Work Zones is the basic standard that provides guidance for flagger conduct, skill, and the science they use. This video can only provide basic guidelines and information, so it's important for you to closely follow your company's policies and procedures. | 15:00         | Work Zone Personnel |
| 2103          | <b>Work Zone Safety (Traffic Control) – DVD</b><br>Traffic control is essential to protect the public from the hazards associated with the project and the employees on the work project from the traffic. Standards and worksite protection must be provided when needed.   | 16:00         | Work Zone Personnel |

## FLEET SAFETY & MAINTENANCE

|      |  |       |                      |
|------|--|-------|----------------------|
| 2200 | <b>Automotive Industry: Motor Fleet Maintenance Safety – DVD</b><br>Fleet repair professionals have important and demanding responsibilities requiring technical skills, experience, and a lot of hard work. Always follow your organization's policies and procedures and equipment manufacturer's recommendations.   | 17:00 | Automotive Personnel |
| 2201 | <b>Lifting it Right – DVD</b><br>Hosted by racing legends Richard & Kyle Petty, this DVD is based on the ALI Safety Manual.  | 24:00 | Automotive Personnel |
| 2202 | <b>D.O.T.: Out of Service Criteria – DVD</b><br>This video examines what's known as Motor Vehicle Out of Service Criteria. This criteria is published by the Commercial Vehicle Safety Alliance or CVSA. If any of the conditions described in this video are present on your vehicle, the vehicle may be deemed Out of Service by the Department of Transportation. | 19:00 | Automotive Personnel |
| 2203 | <b>Lock Out/Tag Out (Vehicle Procedures) – DVD</b><br>The control of hazardous energy sources commonly known as Lockout/Tagout covers the use and maintenance of machines and equipment, in which the unexpected energization or startup of the machines or equipment or release of stored energy could cause injury to employees.                                   | 16:00 | Automotive Personnel |
| 2204 | <b>Safe Use, Handling, Storing, Charging &amp; Jump Starting of Acid Batteries – DVD</b><br>This video is designed to explain the basics of batteries, how they work, and safety information that you need to know to prevent accidents and injuries when using, handling, storing, or disposing of batteries.   | 20:00 | Automotive Personnel |
| 2205 | <b>Jump Start Your Battery Safety (Automotive) – DVD</b><br>With an emphasis on safety this video covers: • battery care • maintenance • jump-starting   | 12:00 | Automotive Personnel |
| 2206 | <b>Preventing Back Injuries (Automotive) – DVD</b><br>This video explains how the back works and lifting safely.   | 8:00  | Automotive Personnel |
| 2207 | <b>Hearing Conservation (Automotive) – DVD</b><br>This video will focus on protecting your hearing in the workplace and outside the workplace.   | 11:00 | Automotive Personnel |
| 2208 | <b>Hand &amp; Power Tool Safety (Automotive) – DVD</b><br>When working with hand and power tools, your safety attitude and common sense are an important part of your job. This video focuses on the how to use these tools safely.  | 13:00 | Automotive Personnel |
| 2209 | <b>Passenger Light Truck Tire Installer – DVD</b><br>This video reviews the basic procedures for tire installation and equipment use.  | 12:00 | Automotive Personnel |
| 2210 | <b>Hazard Communications (Automotive) – DVD</b><br>This is a review of information to protect yourself and others when working with hazardous materials and chemicals. Meet this challenge by reviewing information you need to protect yourself and others when working with hazardous materials and chemicals.   | 13:00 | Automotive Personnel |
| 2211 | <b>Disabled Vehicles: Accident Procedures &amp; Truck Fires – DVD</b><br>Experienced drivers know when a truck sounds unusual or if there is a problem with the motor or other parts of the vehicle. If you are not sure, pull over and check out the problem. This video is a guide to help drivers avoid excessive downtime due to a disabled vehicle.             | 16:00 | Automotive Personnel |



| Tape #                                      | Title/Description  | Length | Audience               |
|---|--|--------|------------------------|
| <b>FORKLIFT / CRANES / HOISTS / RIGGING</b> |  |        |                        |
| 2300  | <b>The Safe Operation of Utility Carts – DVD</b><br>This video provides excellent training relating to the many hazards associated with the use of utility carts.  | 11:00  | Utility Cart Operators |
| 2301  | <b>Bucket Truck Safety – DVD</b><br>This video covers a number of aspects of bucket truck safety including: • how to avoid accidents • how to lower the boom in an emergency • how to carry out a bucket truck rescue  | 49:00  | Bucket Truck Operators |
| 2302<br>English / Spanish                   | <b>Bucket Trucks: Extending Your Safety – DVD</b><br>Bucket trucks make working at high elevations easier but if they are not operated safely, major accidents can occur.  | 15:00  | Bucket Truck Operators |
| 2303<br>English / Spanish                   | <b>Indoor Cranes: Safety Lifting Operations – DVD</b><br>This video is specifically designed for non-licensed operators to give them the knowledge they need to safely operate several types of cranes.  | 16:00  | Crane Operators        |
| 2304  | <b>Crane Safety – DVD</b><br>While there are many different types of cranes they all have the ability to make many jobs much easier by lifting enormous weight. A small miscalculation or a brief moment of inattention, and tragedy could strike. Once a load falls, not much can be done to stop it, and there is little time for people to move safely out of the way.    | 17:00  | Crane Operators        |
| 2305  | <b>Forklift Safety Lessons for the Safe Operator – DVD</b><br>The purpose of this vide is to show operators the safe work practices they must follow to avoid injuries and property damage.  | 15:00  | Forklift Operators     |
| 2306  | <b>Forklift Safety Lessons for the Safe Pedestrian – DVD</b><br>This video shows viewers the precautions they can take to prevent serious injuries that occur when forklifts come into contact with pedestrians.   | 15:00  | Forklift Operators     |
| 2307  | <b>Operating Forklifts Safely (Ref) – DVD</b><br>This video gives viewers a solid overview of forklift characteristics & safe forklift operation.  | 10:00  | Forklift Operators     |
| 2308  | <b>Lift Truck Characteristics Balance and Stability – DVD</b><br>Captured from hours of interviews and discussion this video reviews rigging and lifting techniques used by the PRO's.   | 10:00  | Forklift Operators     |
| 2309  | <b>Scissor Lift Safety (Ref) – DVD</b><br>Falls from the elevated platform seem to be caused primarily by a worker's unsafe acts. This video reviews: • scaffolding • causes of most injuries • basic operations • inspection • electrocution hazard • pre-starting safety checks • start and operation  | 10:00  | Scissor Lift Operators |
| 2310  | <b>Forklift Operator Training (Ref) – DVD</b><br>As a forklift operator it is your responsibility to always operate your vehicle in a safe manner that will protect you and your co-workers from accident and injury. The three forklift accidents reenacted in this video will show viewers the life-threatening consequences of incorrect and unsafe lift truck operation. | 8:00   | Forklift Operators     |
| 2311  | <b>Forklift Operator Training – DVD</b><br>Anyone operating this equipment must be trained and authorized by your company. A forklift professional doesn't cause property damage or injuries. The time you save by speeding and cutting corners isn't worth one minor accident.  | 16:00  | Forklift Operators     |
| 2312  | <b>Chains, Cranes, Hoists and Slings Safety – DVD</b><br>Safety around hoisting equipment is extremely important because one little mistake can be disastrous. In addition damaged or worn out parts also make your equipment unsafe to use.   | 11:00  | Crane Operators        |
| 2313  | <b>About the Safe Operation of Aerial Work Platforms – DVD</b><br>Unsafe operation of aerial work platforms, also known as elevated work platforms (including boom lifts and scissor lifts), often has devastating consequences. This video discusses the safety precautions these workers must follow to prevent injuries and property damage.                              | 12:00  | Aerial Workers         |
| 2314  | <b>Overhead Pendant Hoist Safety – DVD</b><br>The overhead pendant hoist is used to safely maneuver heave loads around shops, treatment plants and other locations. This program will focus on overhead rail mounted hoists.   | 14:00  | Hoists Operators       |

| Tape #                                | Title/Description  | Length | Audience               |
|---------------------------------------|--|--------|------------------------|
| <b>GENERAL JOB / SAFETY AWARENESS</b> |  |        |                        |
| 2400                                  | <b>I Choose to Look the Other Way (Ref) – DVD</b><br>Based on the popular safety poem by Don Merrell this video shows how speaking up about unsafe acts can save lives and help develop a positive safety culture.   | 5:00   | General Audience       |
| 2401                                  | <b>Housekeeping and Accident Prevention – DVD</b><br>This video helps employees keep their workplace clean and safe and encourages good habits and practices.  | 13:00  | General Audience       |
| 2403                                  | <b>Safety Orientation – DVD</b><br>This video addresses two of the most prominent safety issues confronting employers: • developing a good 'safety attitude' in their employees • providing 'introductory' safety training   | 15:00  | New Personnel          |
| 2404                                  | <b>Back to Work, Back to Safety – DVD</b><br>In this video viewers will learn many valuable safety lessons about the pitfalls workers experience when they return from vacation, extended illness or other absence. This video explains and illustrates issues through a series of examples, testimonials and incident reenactments.   | 10:00  | General Audience       |
| 2405                                  | <b>Employee Safety Orientation – DVD</b><br>This short video is an overview of your safety responsibilities to help you perform your job safely. Safety is a responsibility that's important to you, the company, and your fellow employees.   | 15:00  | New Personnel          |
| 2406                                  | <b>Safety Orientation: Public Agency Employees – DVD</b><br>As employees working to serve the public in many capacities we have commitments to the organization, ourselves, and families to work safely. Unlike some occupations you have the risk of exposure to numerous potential sources of injuries and health hazards. This video reviews: • new hire orientation program • proper training required • organizations • Injury or Illness Prevention Program or IIPP • personal protective equipment (PPE) • other topics | 24:00  | New Personnel          |
| 2407                                  | <b>Job Safety Analysis – DVD</b><br>This video provides the steps to be taken when performing a JSA. It is simply a procedure used to review job methods and uncover hazards that may have been overlooked in a layout or may have developed after production started or resulted from changes in work procedures or personnel. This is one of the first steps in hazard and accident analysis and in safety training.   | 11:00  | Safety Committee       |
| 2408                                  | <b>Job Safety Analysis: Safety Awareness and You (Concise) – DVD</b><br>This video discusses the important roles played by both management and employees in recognizing and controlling workplace hazards and how these shared duties of safety awareness and hazard recognition help prevent injury.  | 10:00  | Safety Committee       |
| 2409                                  | <b>Work Standards &amp; Safety (Sanitation) – DVD</b><br>Training and education provides the information needed to perform your job. This video will review rules with an emphasis on safety.  | 12:00  | Sanitation Workers     |
| 2410                                  | <b>Leading Indicators: It is the Little Things (Ref) – DVD</b><br>Jeff "Odie" Espenship, United States Air Force A-1 Warthog fighter pilot, discusses his experiences involving shortcuts and complacency as a pilot and how they relate to common workplace situations. He stresses that employees must always be aware of the 'little things' and take action when they tempt us or our co-workers to perform unsafe acts.   | 13:00  | General Audience       |
| 2411                                  | <b>Administrative Employee Safety Orientation: Schools – DVD</b><br>Administrative employees in a school environment have demanding responsibilities. This video is a review of accident prevention techniques and safety awareness.   | 15:00  | Administrative Schools |
| 2412                                  | <b>Teacher Safety Orientation – DVD</b><br>Schoolteachers have demanding responsibilities including educating students. This video is a review of accident prevention techniques and safety awareness.   | 19:00  | School Teachers        |
| 2413                                  | <b>Safety Orientation &amp; Accident Prevention: Custodians &amp; Maintenance – DVD</b><br>The video reviews some written and unwritten responsibilities you have as a custodian and maintenance person, particularly relating to safety. Along with maintaining the facility, your job makes you the most qualified person to improve safety and health conditions.   | 12:00  | Custodians Maintenance |



| Tape # | Title/Description  | Length | Audience             |
|--------|--|--------|----------------------|
| 2414   | <b>Employee Safety Orientation: Sanitation – DVD</b><br>This video reviews safe working practices that will protect you and your co-workers safety and health: • Accident Prevention • Personal Protective Equipment • complete vehicle pre & post-trip inspections • paperwork • residential manual & automated pickup • and more | 11:00  | Sanitation Workers   |
| 2415   | <b>Employee Safety Orientation: Automotive Personnel – DVD</b><br>Safety is an important responsibility for you, the company and fellow employees. This video is an overview of your safety responsibilities to help perform your job safely.  | 11:00  | Automotive Personnel |

## HAND SAFETY

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|------|---|-------|------------------------|
| 2500 | <b>Hand Safety (Summit) – DVD</b><br>What would you do without your hands? How would losing or severely damaging one or both hands affect your life? This video asks that question to straight out and remind viewers of the personal long-term consequences of taking hand safety for granted. | 17:40 | Public Works Utilities |
| 2501 | <b>Hand Safety (Aurora) – DVD</b><br>Dramatic interviews with people who have suffered hand injuries combined with realistic wrong way/right way scenarios deliver a powerful message.  | 10:00 | Public Works Utilities |
| 2502 | <b>The Horror of Losing a Hand.... – DVD</b><br>Utilize the <i>graphic</i> nature of this video to show your employees the horrifying reality of losing a hand and how important hand injury prevention & general hand safety really is. <i>Viewer Discretion</i>                               | 11:00 | Public Works Utilities |
| 2503 | <b>Hand Injury Prevention – DVD</b><br>Keep hand injury prevention at the forefront with the information on this hand video that contains insight to • PPE training • ergonomics safety • general hand injury safety awareness  | 12:00 | Public Works Utilities |
| 2504 | <b>Hand, Wrist &amp; Finger Safety – DVD</b><br>This video reviews hand, wrist and finger hazards and help employees to take the steps necessary to avoid them.   | 12:00 | Public Works Utilities |

## HAZCOM W/GHS (RTK)

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|------|---|-------|------------------|
| 2600 | <b>MSDS Read It Before You Need It! – DVD</b><br>The MSDS is a complex document, an essential tool to monitor chemical use and avoid accidents. With this video be confident that your employees understand the ins and outs of the MSDS.   | 20:00 | General Audience |
| 2601 | <b>Hazard Communication: It's Your Right to Know – DVD</b><br>This video reviews the required OSHA introductions to • hazardous substances • proper labeling and storage procedures • OSHA hazard communication standards • OSHA labeling requirements • 'your right to know' as an employee. | 22:00 | General Audience |
| 2602 | <b>Hazard Communication: Real Accidents, Real Stories – DVD</b><br>Three compelling stories follow the victims, coworkers and families affected by dangerous hazardous substance incidents and how to prevent these incidents from occurring using OSHA hazard communication standards.       | 12:00 | General Audience |
| 2603 | <b>Global Harmonization: Worldwide Hazard Communication – DVD</b><br>Give your employees the basic information about the Globally Harmonized System (GHS) for Classification and Labeling of Chemicals. Teach them how GHS differs from the Hazard Communication Standard.                    | 15:00 | General Audience |
| 2604 | <b>Hazard Communication: For Public Employees – DVD</b><br>This important training video will provide your employees with elementary knowledge of these substances: what they are and how to work with them safely.   | 18:30 | General Audience |
| 2605 | <b>Material Safety Data Sheets – DVD</b><br>This video describes the importance of the information provided in each of the various MSDS sections.   | 14:00 | General Audience |
| 2606 | <b>HazCom &amp; The Global Harmonizing System: Employee Training – DVD</b><br>This video is designed to help employees understand the three key elements of the GHS: • Hazard Classification • Container Labeling • Safety Data Sheets  | 23:00 | General Audience |

| <b>Tape #</b> | <b>Title/Description</b>  | <b>Length</b> | <b>Audience</b>  |
|---------------|---|---------------|------------------|
| 2607          | <b>Physical Hazards – DVD</b><br>This video reviews this specific class of hazards described in the HazCom GHS classification system.   | 12:00         | General Audience |
| 2608          | <b>How to Comply with the New GHS HazCom Program – DVD</b><br>There is a lot of information about the Hazard Communications program that's changing the way organizations comply with the new rules. This video is an explanation of how to comply without changing your entire HAZCOM program. | 15:00         | General Audience |
| 2609          | <b>HazCom &amp; The Global Harmonizing System: Employee Training (Ref) – DVD</b><br>This video is designed to help employees understand the three key elements of the GHS: • Hazard Classification • Container Labeling • Safety Data Sheets  | 14:00         | General Audience |
| 2610          | <b>Integrating GHS with HazCom – DVD</b><br>This update to the Hazard Communication Standard will provide a common and coherent approach to classifying chemicals and communicating hazard information on labels and safety data sheets.  | 18:00         | General Audience |

## HAZARDOUS MATERIALS & CHEMICALS

|                           |   |       |                        |
|---------------------------|---|-------|------------------------|
| 2700<br>English / Spanish | <b>HazMat Transportation: Security Depends on You – DVD</b><br>Working with hazardous chemicals is dangerous enough, but if they fall into the wrong hands, the results can be catastrophic! Tragedies can be averted with the simplest of procedures: • proper recordkeeping • workplace awareness   | 20:00 | Public Works Utilities |
| 2701<br>English / Spanish | <b>Chemical Handling Safety: Corrosives – DVD</b><br>This video teaches how to recognize, use, and handle corrosive materials safely. This video reviews: • identification & classification • solids, liquids, gases • emergency procedures • storage and handling  | 16:00 | Public Works Utilities |
| 2702<br>English / Spanish | <b>Chemical Handling Safety: Solvents – DVD</b><br>With this video your employees will gain knowledge about solvents including preparation and good work practices.   | 16:00 | Public Works Utilities |
| 2703                      | <b>Chlorine Safety – DVD</b><br>Chlorine is the major chemical used for the sanitation of water, swimming pool disinfection, or in the treatment process of sewage. Chlorine comes in the gaseous form but when cooled and compressed the gas becomes liquid.   | 19:00 | Public Works Utilities |
| 2704                      | <b>Hazardous Material Labels – DVD</b><br>This video helps employees understand the characteristics of different labeling systems and the ways that each convey information. By recognizing the differences and similarities of these systems employees will be better prepared to work safely around hazardous materials.  | 22:00 | Public Works Utilities |
| 2705                      | <b>Flammable and Explosives – DVD</b><br>This video reviews proper handling procedures as well as the personal protective equipment that should be used when working with flammables and explosives.  | 11:00 | Public Works Utilities |
| 2706                      | <b>Handling Compressed Gas Cylinders – DVD</b><br>This video provides the information employees need to work safely when handling and using compressed gas cylinders.   | 11:00 | Public Works Utilities |
| 2707                      | <b>DOT General Awareness: Handling &amp; Transporting Hazardous Materials Safely – DVD</b><br>This video focuses on handling hazardous materials and reviews a number of topics making employees more aware of: • encountering hazardous chemicals • the hazards chemicals may have • taking appropriate security measures when dealing with hazardous materials                      | 18:00 | Public Works Utilities |
| 2708                      | <b>Safety Training for Handling &amp; Transporting Hazardous Materials – DVD</b><br>This safety video can help make employees aware of the hazards associated with the materials they handle and show them how to secure and work with these materials safely.  | 18:00 | Public Works Utilities |
| 2709                      | <b>HazMat: Understanding the Hazard Classes – DVD</b><br>This video describes the 9 hazard classes used by the DOT and states the common hazards of each class with a list of sample materials and recommended response actions. The four emergency response considerations for each class are: • Hazard Recognition • Hazard Analysis • Recommended Actions • Incident Stabilization | 43:00 | Public Works Utilities |

| <b>Tape #</b> | <b>Title/Description</b>  | <b>Length</b> | <b>Audience</b>        |
|---------------|---|---------------|------------------------|
| 2710          | <b>Flammable Liquid Safety – DVD</b><br>Instruction for employees working with flammable liquids. Defines LEL, UEL, flash points, and other related information as well as provides the basics of bonding and grounding.  | 8:00          | Public Works Utilities |
| 2711          | <b>Dealing with Hazardous Spills – DVD</b><br>This video is designed to help employees who seldom have to face the dangers of a hazardous spill deal with a cleanup situation.  | 23:00         | Public Works Utilities |
| 2712          | <b>Carbon Monoxide Poisoning – DVD</b><br>Carbon Monoxide (CO) is an odorless gas. CO is one of the most common chemical killers in industry and home. This video focuses on the danger of CO poisoning and the precautions to take in avoiding exposure.           | 10:00         | General Audience       |
| 2713          | <b>Handling Compressed Gas Safely – DVD</b><br>The video discusses the various types of gas that are contained in gas cylinders as well as safe handling procedures and use of compressed gas.  | 21:00         | Public Works Utilities |
| 2714          | <b>Bonding &amp; Grounding of Flammable Liquids – DVD</b><br>This video illustrates static electricity, bonding & grounding of flammable liquids and how to reduce the effects of potential explosions by reducing static electricity when transferring flammables. | 9:00          | Public Works Utilities |
| 2715          | <b>Indoor Air Quality – DVD</b><br>This video shows employees the potentially harmful effects of poor air quality and will help them prevent, identify and correct air quality problems.  | 13:00         | General Audience       |

## HEARING CONSERVATION

|      |  |       |                        |
|------|--|-------|------------------------|
| 2800 | <b>Hearing Conservation For Employees – DVD</b><br>This video explains how your facility's hearing conservation program protects employees from the harmful effects of noise exposure.   | 20:00 | Public Works Utilities |
| 2801 | <b>Hearing Conservation and Safety – DVD</b><br>To protect workers from high levels of noise, OSHA created the Occupational Noise Exposure Standard. The regulation requires employees to be trained on how to protect their hearing while working in areas with harmful noise levels. | 25:00 | Public Works Utilities |
| 2802 | <b>Hearing Conservation – DVD</b><br>This video will focus on protecting your hearing in the workplace and outside the workplace.  | 11:00 | Public Works Utilities |

## HEAVY EQUIPMENT / SNOW PLOW

|      |  |       |                           |
|------|--|-------|---------------------------|
| 2900 | <b>Transporting Construction Equipment – DVD</b><br>This law requires that all equipment haulers understand AWLL and the North American Cargo Securement Standard – whether you transport a skid steer, an excavator or any other type of construction equipment you need to be familiar with current regulations. Are you ready?                              | 34:00 | Heavy Equipment Operators |
| 2901 | <b>Rigging &amp; Lifting: Mobile Construction Equipment – DVD</b><br>With expert help from The Crosby Group, Deere & Company and real-world practical advice from the National Utility Contractors Association (NUCA) this video provides easy-to-follow practical advice on correct rigging and handling of unusual loads with mobile construction equipment. | 29:00 | Heavy Equipment Operators |
| 2902 | <b>On Again Off Again: A Guide To Mounting &amp; Dismounting Heavy Equipment – DVD</b><br>This video helps to reduce or prevent falls claims by training people how to correctly mount and dismount equipment.   | 18:00 | Heavy Equipment Operators |
| 2903 | <b>Backhoe Loader: Maintenance &amp; Transport – DVD</b><br>Some good operators have died or been seriously injured making avoidable mistakes during maintenance or transporting their machine. The lessons in this video were taken from real-life situations. Here's a chance to learn from the sometimes deadly mistakes of others.                         | 11:00 | Backhoe Operators         |
| 2904 | <b>Backhoe Safety – DVD</b><br>Focusing on tractor-loader backhoes (rubber tired with a front loading bucket) this video puts the emphasis on safe operation techniques.   | 18:00 | Backhoe Operators         |

| <b>Tape #</b>   | <b>Title/Description</b>   | <b>Length</b> | <b>Audience</b>          |
|-----------------|--|---------------|--------------------------|
| 2905            | <b>Hydro-Vacuum Truck Safety – DVD</b><br>This video reviews a number of other ways to be injured while working around this equipment.   | 13:00         | Hydro-Vacuum Operator    |
| 2906            | <b>Safety Training for Repair Technicians – DVD</b><br>Developed in partnership with Deere & Company, Hertz Equipment Rental Corp. and the Construction Industry Manufacturers Association, this video examines all types of repair related accidents and shows effective ways to prevent them.  | 22:00         | Automotive Personnel     |
| 2907            | <b>Hand Signals: For Mobile Construction Equipment – DVD</b><br>This video shows the SAE hand signals in use with various types of construction equipment in a clear concise manner.   | 14:00         | Heavy Equipment Operator |
| 2908<br>Spanish | <b>Hand Signals: For Mobile Construction Equipment (Spanish) – DVD</b><br>This video shows the SAE hand signals in use with various types of construction equipment in a clear concise manner.   | 14:00         | Heavy Equipment Operator |
| 2909            | <b>Skid Steer Safe Operating Techniques – DVD</b><br>A Skid Steer is a small but very dangerous machine. In this video you'll learn safe operations including: • blind spots and backing • weather (mud/snow) • safe hauling (terrain/slopes) • tips from experienced operators  | 14:00         | Heavy Equipment Operator |
| 2910            | <b>Roller Compactor – DVD</b><br>Divided into ten distinct segments, this video is designed to bring the operators manual to life and plan your training sessions to fit work schedules.   | 54:00         | Heavy Equipment Operator |
| 2911            | <b>The Safe Operation and Maintenance of Dump Trucks – DVD</b><br>This video emphasizes what is different in dealing with a dump truck, the proper operations and maintenance on these powerful machines.  | 14:00         | Dump Truck Operator      |
| 2912            | <b>Tractor Safety Basics – DVD</b><br>This video reviews: • personal protective equipment • safe operation of tractors • safety checks • the personal safety checklist • tractor operation checklist • the manual • and more   | 16:00         | Tractor Operators        |
| 2913            | <b>Snow Removal Techniques: Plowing Tips from the Pros – DVD</b><br>This video teaches snow plowing on city streets, country roads & interstates and shows different types of snow plows/snow blowers used on trucks, wheel loaders & motor graders.   | 23:00         | Snow Plow Operators      |
| 2914            | <b>Snow Plow Safety – DVD</b><br>Ideal for training newly hired snowplow operators or as a refresher for experienced operators.  | 23:00         | Snow Plow Operators      |
| 2915            | <b>Basic Snowplowing Techniques – DVD</b><br>This video is designed to introduce snowplow operators to basic snowplowing principles and general techniques.  | 32:00         | Snow Plow Operators      |
| 2916            | <b>Skid Steer Loaders in the Snow and Ice Industry – DVD</b><br>This video will appeal to supervisors, operators and estimators covering a wide range of topics.   | 23:00         | Skid Steer Operators     |
| 2917            | <b>Dump Truck Safety – DVD</b><br>Of all the vehicles found on construction, maintenance, and public works, the dump truck is without question the most versatile. In addition to the all familiar carrying, dumping, and spreading of loads, this highly versatile equipment can be outfitted with a wide array of attachments to make it, without question, the workhorse of the job site. | 11:00         | Dump Truck Operators     |
| 2918            | <b>Backhoe Operations for Public Works – DVD</b><br>Backhoes perform tasks such as digging, scraping, compact soil, load material, break pavement and lifting. The video focuses on the safe operation of backhoes.  | 15:00         | Backhoe Operators        |
| 2919            | <b>Backhoe Loader: Safe Operating Techniques – DVD</b><br>A wide variety of working applications provides a broad appeal to this video. Any operator who watches this lesson in safe operating techniques and fails to learn something new, has just slept through the entire video.   | 16:00         | Backhoe Operators        |
| 2920            | <b>Backhoe Loader: Pre-Start Inspection – DVD</b><br>This video was created to help both new and experienced operators understand what to look for in a daily pre-start inspection. It emphasizes looking beyond the ordinary to help avoid equipment failures and the importance of knowing all the controls & their function.  | 12:00         | Backhoe Operators        |

| <b>Tape #</b> | <b>Title/Description</b>   | <b>Length</b> | <b>Audience</b>          |
|---------------|--|---------------|--------------------------|
| 2921          | <b>Wheel Loader Operating Techniques – DVD</b><br>This video brings together real-world wheel loaders (front-end loaders) techniques learned in many types of operating situations.  | 21:00         | Wheel Loader Operator    |
| 2922          | <b>Dump Truck Operation &amp; Safety – DVD</b><br>Safe operation practices for semi-trailer and single body trucks are covered by this dump truck safety training video. Department of Labor accidents are used to provide examples of the dangers of backing, uneven terrain and tip-overs.   | 13:00         | Dump Truck Operator      |
| 2923          | <b>Crawler Excavator: Maintenance &amp; Transport – DVD</b><br>This video is designed to address the safety hazards inherent in these specialized areas:<br>• relieving static pressure in systems • dangers of high pressure leaks • dangers of replacing wear components • correct component positioning on the trailer • knowing the condition and rating of tie-down equipment | 15:00         | Heavy Equipment Operator |
| 2924          | <b>Skid Steer: Pre-Operation Inspection – DVD</b><br>It's easy to classify the skid steer as a simple machine to operate. But when you're talking safety, its simplicity is its downfall. Anyone can quickly create a dangerous situation for the operator or nearby people. Applies to most work locations – indoor and outside.  | 12:00         | Skid Steer Operators     |

## LANDSCAPE SAFETY

|      |   |       |                    |
|------|---|-------|--------------------|
| 3000 | <b>Right of Way Mowing Safety – DVD</b><br>Train new operators & remind experienced operators to do pre-start inspections before they begin another mowing season. The dangers of right-of-way mowing are documented and focuses on Tractor Mowing.   | 25:00 | Parks & Recreation |
| 3001 | <b>The Safe Operation of Commercial Lawn Mowers – DVD</b><br>This video covers how to safely inspect, operate and maintain commercial lawn mowers.  | 12:00 | Parks & Recreation |
| 3002 | <b>Landscape Equipment: Safety &amp; Maintenance – DVD</b><br>This video covers proper procedures when working with: • chemicals • hazardous materials • weed whackers • mowers • cutters • trimmers  | 15:00 | Parks & Recreation |
| 3003 | <b>WSI: Groundskeeping Safety – DVD</b><br>This landscaping video emphasis is placed on working in the elements and how to recognize, prevent and handle heat stress situations.  | 19:00 | Parks & Recreation |
| 3004 | <b>Landscape Maintenance (Aurora) – DVD</b><br>Video covers general safety rules when operating • mowers • cutters • knives • trimmers • weed whackers. It also reviews proper procedures when handling chemicals and hazardous materials associated with this environment.                                       | 14:00 | Parks & Recreation |
| 3005 | <b>Landscape Power Tool Safety – DVD</b><br>This video goes over operational safety issues for the most commonly used pieces of landscape equipment: • chain saw • string trimmer • power blower • pole saw   | 22:00 | Parks & Recreation |
| 3006 | <b>Chainsaw Safety Basics: An Expert's Perspective – DVD</b><br>This video includes instruction on how to use the proper daily safety precautions during use of cut-off saws on the job, use of proper PPE and machine guarding, and outlines safety procedures from pre-use inspection all the way to shut down. | 14:00 | Parks & Recreation |
| 3007 | <b>Video Guide to Chain Saw Safety – DVD</b><br>The video is easy to understand and it clearly states what operators need to know in order to prevent an accident.  | 27:00 | Parks & Recreation |
| 3008 | <b>Chain Saw Safety (Digital) – DVD</b><br>This video will make you more aware of some basic operating procedures and techniques to help you be an accident free chain saw operator.  | 11:00 | Parks & Recreation |
| 3009 | <b>Pesticide Handlers and the Worker Protection Standard – DVD</b><br>Produced under an EPA grant, this excellent pesticide training DVD covers 16 different elements of pesticide safety training for WPS-defined "HANDLER" employees.   | 50:00 | Parks & Recreation |



| <b>Tape #</b>             | <b>Title/Description</b>   | <b>Length</b> | <b>Audience</b>    |
|---------------------------|--|---------------|--------------------|
| 3010<br>English / Spanish | <b>Pesticide Safety: Worker Protection – DVD</b><br>This EPA accepted and professionally produced this bilingual training video and is designed to meet the criteria for content and quality of materials used as required by the WPS in two 16-minute sections: • Agricultural Workers • Pesticide Handlers   | 32:00         | Parks & Recreation |
| 3011                      | <b>Commercial Lawnmower Safety – DVD</b><br>This video is great for training new hires or experienced personnel. It explains basic safety rules vital to safe operation of commercial lawnmowers as it addresses • inspection • safe operation • maintenance • safe fueling procedures   | 12:00         | Parks & Recreation |
| 3012                      | <b>Tree Trimming Safety – DVD</b><br>This video demonstrates safety and maintenance methods for working with: • chain saws • chippers • high lift trucks • general tree trimming safety  | 20:00         | Parks & Recreation |
| 3013                      | <b>Landscape Maintenance Safety (Digital) – DVD</b><br>This video focuses on safety awareness in landscape maintenance and reviews: • proper work clothing • equipment   | 15:00         | Parks & Recreation |
| 3014                      | <b>Commercial Mower Safety – DVD</b><br>This video focuses on the safety features, maintenance and accident prevention tips. Always follow the “Operator’s Manual” for safe operation.   | 12:00         | Parks & Recreation |
| 3015<br>English / Spanish | <b>Grounds Keeping Safety: Dealing with Bugs &amp; Critters – DVD</b><br>Designed especially for public works, utility, government employees, grounds maintenance personnel or other outdoor employees, this video is essential for insect protection and general safety in your work environment.   | 16:00         | Parks & Recreation |
| 3016                      | <b>Chain Saw Safety (Aurora) – DVD</b><br>Public works and other occupations often use chain saws in tree trimming, landscaping maintenance, brush control, and home use. There are many risks involved requiring proper instructions on safe procedures.  | 13:00         | Parks & Recreation |
| 3017                      | <b>Elements of Pruning – DVD</b><br>Learn how to use apical dominance, direction of bud growth and desired outcome to help make the following pruning cuts: pinching, heading back, thinning out, shearing, and limb removal. See how to prune ornamental trees, hedges, bush roses, conifers and flowering shrubs. Learn about types, uses and maintenance of common pruning tools.   | 26:00         | Parks & Recreation |
| 3018                      | <b>Landscape Tools: Use &amp; Safety – DVD</b><br>Learn what you need to know about tool selection, personal protection equipment to wear while using the tools, tool care and storage. The tools demonstrated include: • shovels • rakes • forks • cultivators • hoes • railroad picks • mattocks   | 30:00         | Parks & Recreation |
| 3019                      | <b>Pesticide Safety: Minimal Risk to the Applicator – DVD</b><br>This video explains the uses of insecticides, herbicides and fungicides in integrated pest management (IPM) programs and addresses eight major areas that reduce risk to the applicator: • management/employee responsibilities • label information • protective clothing • pesticide storage • mixing and load • application • disposal • accident response procedures | 38:00         | Parks & Recreation |
| 3020                      | <b>Power Blower – DVD</b><br>This video presents the procedures for maintenance, safety and operation of power blowers.  | 11:00         | Parks & Recreation |
| 3021                      | <b>Tractor Accidents: It’s Not Gonna Happen to Me – DVD</b><br>This video reviews: • pre-operation check • transporting tractors • operation check • tractor behavior and accident prevention • emergency response procedures  | 25:00         | Parks & Recreation |

## LIFEGUARD OPERATIONS

|      |   |       |            |
|------|---|-------|------------|
| 3100 | <b>Beach Safety: A Guide to Staying Safe On The Coast – DVD</b><br>This contains footage of beachgoers in distress, rescues, and interviews with experts and valuable information about overlooked hazards that exist on the beach.<br><i>Video focuses on West Coast but some information valid to all beaches</i> | 10:00 | Lifeguards |
| 3101 | <b>Disappearing Dummies: Why Lifeguards Can’t See – DVD</b><br>Aquatic safety expert Dr. Tom Griffiths explains how and why lifeguards have such great difficulty detecting bodies on the bottom of “crystal clear” swimming pools.   | 10:30 | Lifeguards |

| <b>Tape #</b> | <b>Title/Description</b>  | <b>Length</b> | <b>Audience</b> |
|---------------|---|---------------|-----------------|
| 3102          | <b>Five Minute Scanning Strategy – DVD</b><br>The video helps lifeguards improve concentration and attention while reducing boredom by changing the mental process every five minutes, making the difficult task of teaching and learning the scanning process much easier and enjoyable.   | 10:30         | Lifeguards      |
| 3103          | <b>Shallow Water Blackout / Genetic Drowning Triggers – DVD</b><br>This video can help prevent unnecessary deaths in pools, lower liability and better equip lifeguards in responding to sudden deaths. This presentation is divided into four categories: • Introduction and Definitions • Shallow Water Blackout • Genetic ‘Drowning’ Triggers • Summary and Quiz | 30:00         | Lifeguards      |
| 3105          | <b>The Supervision Myth – DVD</b><br>This video details practical and affordable ways to prevent drowning, including supplementing supervision with technology, developing a better design, and ensuring better engineering of aquatic facilities.  | 88:00         | Lifeguards      |
| 3106          | <b>Beach Safety Basics – DVD</b><br>The two short videos on this DVD address very common safety issues on the Pacific Northwest Coast associated with: • rolling logs • rip currents<br><i>Video focuses on the Pacific Northwest Coast but some information valid to all beaches</i>   | 13:00         | Lifeguards      |
| 3107          | <b>Beach Vehicle Operations – DVD</b><br>This video introduces basic concepts aimed at helping beach drivers consider some key aspects of safe operating principles.  | 27:00         | Lifeguards      |
| 3108          | <b>Code X (Search and Recovery) – DVD</b><br>This training video will help you understand the basics of a Code X search and the Incident Command System. Includes footage from an actual Code X incident.   | 16:00         | Lifeguards      |
| 3109          | <b>Components of a Rescue – DVD</b><br>This training video breaks down the components of a rescue from start to finish to help lifeguards perform water rescues safely and efficiently.   | 8:00          | Lifeguards      |
| 3110          | <b>Water Observation – DVD</b><br>This video offers some skills and approaches which may enhance the quality of water surveillance.   | 11:00         | Lifeguards      |
| 3111          | <b>Safe Chemical Handling for Lifeguards &amp; Pool Operators – DVD</b><br>This video will help educate and prepare your staff to implement safe chemical handling practices at your aquatic facility.  | 12:00         | Lifeguards      |

## OFFICE AND ERGONOMIC SAFETY

|      |  |       |                  |
|------|--|-------|------------------|
| 3200 | <b>Computer Workstation Safety – DVD</b><br>This video reviews the safe use of computers, and offers practical solutions to many potential problems. Reminds employees to work safely and avoid injuries when using computers.   | 17:00 | Office Personnel |
| 3201 | <b>Working Ergonomically in the Office – DVD</b><br>This video shows employees how to recognize ergonomic problems in an office environment, potential adverse effects ‘bad ergonomics’ can have and practical solutions they themselves can use to help deal with ergonomic problems in the office. | 21:00 | Office Personnel |
| 3202 | <b>Safe Lifting for Office Workers – DVD</b><br>This lifting safety training video is for office workers to be trained in safe lifting techniques, how the back functions and using safe lifting techniques.   | 8:00  | Office Personnel |
| 3203 | <b>Ergonomics Awareness – DVD</b><br>This video describes the basic of repetitive motion or cumulative trauma injuries.  | 12:00 | Office Personnel |
| 3204 | <b>Office Ergonomics: If Only Your Computer Could Talk – DVD</b><br>This video uses a humorous approach of a talking monitor to focus on how humans interact with office machines, namely the computer.  | 17:00 | Office Personnel |
| 3205 | <b>Office Safety (Marcom) – DVD</b><br>This video show employees what hazards exist in office environments, and how important it is to use good safety practices as they go about their work.  | 22:00 | Office Personnel |



| <b>Tape #</b> | <b>Title/Description</b>   | <b>Length</b> | <b>Audience</b>  |
|---------------|--|---------------|------------------|
| 3206          | <b>Cyber Security – DVD</b><br>Cyber Crime now poses a constant and serious threat to the security of government, corporations and individuals. The highly sophisticated deceptive methods of cyber criminals put our confidential information at risk. Following the five simple steps presented in this video will go a long way to protecting you and the organizations so essential to our safety, financial security, and way of life. <i>Video Produced by the MEL (Municipal Excess Liability Joint Insurance Fund)</i> | 14:00         | Office Personnel |
| 3207          | <b>Office Injury Prevention (Ref) – DVD</b><br>This video stresses the importance of office safety and how a good safety attitude and using good judgment are the real keys to injury prevention. Many common office safety issues are discussed, including the safe work practices employees must follow to avoid office injuries.  | 10:00         | Office Personnel |
| 3208          | <b>Employee Involvement in Ergonomics – DVD</b><br>While CTDs or Cumulative Trauma Disorders are a medical disorder and treated as such, ergonomics, the fit between people and their tools and workplaces, represents an important ingredient in treatment and prevention.  | 16:00         | Office Personnel |
| 3209          | <b>Dealing with the Irate Customer – DVD</b><br>In this video your employees will learn three powerful 'breakthrough techniques' that can be used if a situation escalates and threatens to get out of hand. They'll learn how to stay professional and not take it personally when they have to deal with a difficult customer, whether in retail, health care, government, or wherever. Basic customer service skills are a first line of defense—it's hard for customers to be mean to someone who's being nice to them.    | 21:00         | Office Personnel |
| 3210          | <b>Social Media at Work – DVD</b><br>Social media is everywhere—including our workplaces. While it can serve useful business purposes, it can also open the door to hackers, circulate rumors & abusive comments, create public relations nightmares, and be a real drag on productivity. This video shows dramatic scenes filmed on location in a variety of industries.  | 14:00         | Office Personnel |

## OUTDOOR EXPOSURE

|      |  |       |                    |
|------|--|-------|--------------------|
| 3300 | <b>Poison Oak and Ivy Training – DVD</b><br>This video makes plant identification, prevention and treatment of poison oak and ivy easy to understand and simple to put into action.  | 11:00 | Parks & Recreation |
| 3301 | <b>Cold Stress – DVD</b><br>This video educates viewers about hypothermia and frostbite, their warning signs, safety measures to take before working and warning signs during work.  | 16:38 | Parks & Recreation |
| 3302 | <b>Heat Stress (Aurora) – DVD</b><br>Working in hot environments with strenuous physical activity causes heat reactions in the body.   | 12:00 | Parks & Recreation |
| 3303 | <b>Insect Safety: Killer Bees, Wasps and Spiders – DVD</b><br>This video covers everything that you will need to protect yourself as much as possible from stings and bites.   | 36:00 | Parks & Recreation |
| 3304 | <b>Poisonous Plant Safety – DVD</b><br>This video covers the different types of plants and what to do if you are exposed.  | 36:00 | Parks & Recreation |
| 3305 | <b>Hypothermia and Frostbite – DVD</b><br>This informative video thoroughly covers everything employees need to know about the dangers of hypothermia and frostbite and how to avoid them.   | 12:00 | Parks & Recreation |
| 3306 | <b>Heat Stress: Don't Lose Your Cool – DVD</b><br>Heat stress may sound like a minor inconvenience, but under the blazing sun and high temperatures, people can suffer heat stress, illnesses, injuries, accidents and even death.                     | 14:00 | Parks & Recreation |
| 3307 | <b>Heat Stress (Marcom) – DVD</b><br>This video reviews how heat affects the body, the steps employees can take to prevent heat stress, and elementary first aid that can be given to a worker who has been affected by a heat-related illness.        | 13:00 | Parks & Recreation |
| 3308 | <b>The Mosquito: What You Need to Know – DVD</b><br>This video has been developed to give you the information you need to protect yourself from being bitten by the mosquito and how to identify and eliminate the area where they breed and multiply. | 11:00 | Parks & Recreation |

| <b>Tape #</b> | <b>Title/Description</b>  | <b>Length</b> | <b>Audience</b>    |
|---------------|---|---------------|--------------------|
| 3309          | <b>Hidden In The Leaves – DVD</b><br>This documentary exposes the hidden dangers that ticks represent and spotlights strategies to avoid ticks and their diseases.  | 24:00         | Parks & Recreation |
| 3310          | <b>Summer Sports &amp; Recreation Safety (Off-Job Safety) – DVD</b><br>This video points out many off-job hazards and provides safety tips to help you stay safe this summer.   | 10:00         | Parks & Recreation |
| 3311          | <b>Wasps &amp; Spiders – DVD</b><br>The same basic first aid treatment for bees is advised for wasps, hornets, and yellow jackets, although wasps don't leave their stingers in your skin and can have a harmful reaction in persons who are allergic to these types of stings and venom. Also reviewed are spiders, specifically the black widow and the violin or brown recluse spider. | 10:00         | Parks & Recreation |
| 3312          | <b>Heat Stress Awareness – DVD</b><br>Should we become dehydrated and overheated; the hypothalamus may malfunction making us unable to control our core body temperature. The result is often death if not recognized and treated immediately.  | 17:00         | Parks & Recreation |
| 3313          | <b>101 Days of Summer – DVD</b><br>This video presents a broad discussion appropriate for multiple summer employment positions. The video is built around the three basic workplace tenets of safety, accountability, and pride. <i>Video Produced by the MEL (Municipal Excess Liability Joint Insurance Fund)</i>   | 11:00         | Summer Employees   |
| 3314          | <b>Heat Stress (Digital) – DVD</b><br>This video discusses heat stroke, heat stress, fainting, and precautions to take when working in a hot environment in addition to emergency first aid.  | 15:00         | Parks & Recreation |
| 3315          | <b>Tick Bite Prevention &amp; Response – DVD</b><br>The result of this tick bite could be a serious disease such as Lyme Disease or Rocky Mountain Spotted Fever. In this video, EMT/Firefighter/Best-Selling Author Martin Lesperance stresses the importance of early treatment of tick bites and precautions for preventing them in the first place.                                   | 16:00         | Parks & Recreation |
| 3315          | <b>Heat Stress: Working Safely in the Heat – DVD</b><br>This program provides an overview of how the body regulates heat and how to recognize the warning signs when these processes aren't working. The viewer will learn to recognize and treat symptoms of: • Heat Rash • Heat Cramps • Heat Syncope • Heat Stress • Heat Stroke   | 16:00         | Parks & Recreation |

## PERSONAL PROTECTIVE EQUIPMENT (PPE)

|      |  |       |                       |
|------|--|-------|-----------------------|
| 3400 | <b>PPE: Your Last Line of Defense! – DVD</b><br>Hear different workers in different environments talk about the importance of PPE, typical (bogus) excuses for not wearing it, and how no matter the circumstances they won't stand for a workplace with unsafe employees. Also heavily covered is proper donning and fitting of Personal Protective Equipment from your head to your toes.            | 19:00 | Employees wearing PPE |
| 3401 | <b>PPE: Head to Toe – DVD</b><br>This video provides an easy to understand overview of the variety of PPE available to help make our work safe.  | 15:00 | Employees wearing PPE |
| 3402 | <b>Safely on Your Feet – DVD</b><br>The video stresses the importance of matching your footwear to the potential hazards of the job. It clearly illustrates the importance of safety features such as toe protection, traction, and support. Many work environments and potential hazards are illustrated.   | 12:00 | General Audience      |
| 3403 | <b>PPE: Wear It For You – DVD</b><br>Hear David Dyck's powerful true story of surviving a violent explosion during a routine maintenance procedure. Because of the PPE he was wearing he is here today to share his moving story. Not only does David remind us of the importance of PPE, his story illustrates how an injury affects family, friends and co-workers. It's a message you won't forget. | 12:00 | Employees wearing PPE |
| 3404 | <b>Personal Protective Equipment (Marcom) – DVD</b><br>Since most workplace injuries result from the workers not wearing proper personal protective equipment (PPE), the Occupational Safety and Health Administration (OSHA) requires employers to provide and maintain appropriate PPE for their people, and train them on how to use it.  | 18:26 | Employees wearing PPE |

| Tape #                   | Title/Description   | Length | Audience                       |
|--------------------------|---|--------|--------------------------------|
| <b>PLAYGROUND SAFETY</b> |   |        |                                |
| 3500                     | <b>The Nuts and Bolts of Playground Maintenance – DVD</b><br>This video provides an overview of the importance of providing proper maintenance and the responsibility of adults.  | 11:00  | Parks<br>Recreation<br>Schools |
| 3501                     | <b>Inspecting Playgrounds for Hazards-2<sup>nd</sup> Addition – DVD</b><br>This video gives an in-depth look at how to set up a complete playground safety and maintenance program and illustrates how to make a safety evaluation based on the 2011 CPSC guidelines.   | 35:00  | Parks<br>Recreation<br>Schools |
| 3502                     | <b>Safe Surfaces – DVD</b><br>This video provides guidance for any group considering the acquisition or replacement of safe surfacing around playground equipment.  | 10:00  | Parks<br>Recreation<br>Schools |
| 3503                     | <b>Planning SAFE Playgrounds – DVD</b><br>The development of an appropriate play area takes careful planning. This video helps you evaluate the site of the playground, consider professional expertise, observe the needs of the children and work with equipment manufacturers and designers.   | 15:00  | Parks<br>Recreation<br>Schools |
| 3504<br>CD-ROM           | <b>Planning Accessible SAFE Playgrounds Using the Americans With Disabilities Act - CD-ROM</b><br>This CD-ROM is a self-paced pictorial guide covering all the elements of the Americans with Disabilities Act (ADA) requirements. It is useful for designers, planners, installers, and anyone interested in planning a safe, accessible playground. It offers a clear explanation of the ADA standards for playgrounds. Some of the information is very detailed and may require presentation by a knowledgeable person such as a CPSI to be most beneficial. The following is outlined:<br>• Part 1: Understanding the Americans with Disabilities Act • Part 2: Common Definitions used in the Guidelines • Part 3: Designing Inclusive Play Areas for all Children • Part 4: Additional Technical Requirements for Play Areas • Part 5: Future Directions and Reference List<br><i>This is in the format of a Power Point Presentation</i> | CD-ROM | Parks<br>Recreation<br>Schools |
| 3505<br>CD-ROM           | <b>Applying CPSC Guidelines for the Development of S.A.F.E. Playgrounds - CD-ROM</b><br>The CD-ROM will help those understand how both the CPSC and NPPS are promoting the design of S.A.F.E. Playgrounds. The pictures and graphics make the guidelines easy to comprehend and a great tool for child care centers, park departments, schools, PTA groups, installers, and anyone else interested in developing S.A.F.E. Playgrounds. The following is outlined: • Part 1: CPSC guidelines as applied to the NPPS model • Part 2: General CPSC guidelines • Part 3: General hazards and major equipment • Part 4: Supporting documentation and references<br><i>This is in the format of a Power Point Presentation</i>  | CD-ROM | Parks<br>Recreation<br>Schools |
| 3506                     | <b>Safe Active Play: A Guide To Avoiding Play Area Hazards – DVD</b><br>This video is designed to teach caregivers, child care staff and recreation officials how to create safe play environments. The 12 hazards identified are based on a list by the National Playground Safety Institute.  | 35:00  | Parks<br>Recreation<br>Schools |
| 3507                     | <b>Playground Safety: Supervision – DVD</b><br>This program reviews the responsibility of caregivers with: • supervising children on playgrounds • how to avoid accidents on the playground • how to report accidents • importance of obeying rules to prevent accidents  | 13:00  | Caregivers<br>Schools          |
| 3508                     | <b>Playground Safety – DVD</b><br>This video teaches how to avoid accidents on the playground, how to report accidents, and the importance of obeying rules to prevent accidents.   | 13:00  | Parks<br>Recreation<br>Schools |
| 3509                     | <b>Elementary Playground Safety – DVD</b><br>This program discuss something very important and serious - safety. Safety is something you do to keep from getting hurt. School children and adults are too busy at work or school to always think about safety. This video will help you to start learning and thinking about safety.  | 7:00   | Parks<br>Recreation<br>Schools |

| Tape #                          | Title/Description  | Length | Audience             |
|---------------------------------|--|--------|----------------------|
| <b>POLICE DEPARTMENT SAFETY</b> |  |        |                      |
| 3600<br>English / Spanish       | <b>Emergency Response Driving – DVD</b><br>This video shows what it means to drive during emergencies and includes tips to ensure that drivers reach their destinations • ON TIME • SMOOTHLY • SAFELY  | 17:00  | Emergency Responders |
| 3601                            | <b>Lead Safety for Firearms – DVD</b><br>If you're in law enforcement or the firing range business, getting shot is not your only safety concern. Lead poisoning is as well, which can be as lethal as the deadliest of ammo. This video reviews: • how lead can enter and harm the body • symptoms of lead poisoning • dangers of lead contamination in both indoor and outdoor ranges • clean-up methods   | 14:00  | Law Enforcement      |
| 3602                            | <b>Your Vest Won't Stop This Bullet – DVD</b><br>Dedicated to the memory of law enforcement officers who have died in the line of duty in traffic incidents. This video is intended to heighten your awareness to traffic and to encourage everyone use all their training experience, knowledge during traffic stops, and other roadside contacts to enhance safety. <i>Obtain a free copy of this video by contacting: Governor's Office of Highway Safety - <a href="mailto:hbagle@qohs.ga.gov">hbagle@qohs.ga.gov</a> (limit one per agency)</i> | 11:00  | Law Enforcement      |
| 3603                            | <b>Understanding the Threat: Racist Skinheads – DVD</b><br>In this eye-opening roll call video learn the warning signs that will help you identify these racist extremists, help you protect your community and could save your life.<br><i>Produced by SPLC: <a href="http://www.splcenter.org/law-enforcement">www.splcenter.org/law-enforcement</a></i>   | 12:00  | Law Enforcement      |

## RESPIRATORY PROTECTION

|                           |   |       |                               |
|---------------------------|---|-------|-------------------------------|
| 3700                      | <b>Respiratory Safety: Public Knowledge – DVD</b><br>Respirators can be hot, bulky, heavy and just an overall hassle, but can be the difference between life and death. This video gives a straight-forward look at: • why need respirators • how to properly fit and maintain them • when to use certain types                   | 21:00 | Employees wearing Respirators |
| 3701                      | <b>Respirator Selection &amp; Use – DVD</b><br>Anyone wearing a respirator must be trained and authorized by the company in several different areas, such as how to put on and take off the respirator, called donning and doffing. The process is simple but it does require some basic knowledge and is reviewed in this video. | 29:00 | Employees wearing Respirators |
| 3702                      | <b>Fit Testing Respirators – DVD</b><br>This video reviews: • fumes • vapors • gases • dusts • respiratory system • air purifying and air supplied respirators • cartridges and respiratory protection • dust masks • fit test • seal test • air purifying respirators  | 10:00 | Employees wearing Respirators |
| 3703                      | <b>Respirators and How to Use Them – DVD</b><br>This video is designed to provide information about respiratory protection and self-contained breathing devices under hazardous conditions. Training must be provided before attempting to use respirator protection along with information about the hazards involved.           | 12:00 | Employees wearing Respirators |
| 3704<br>English / Spanish | <b>Disposable Respirators: Exposure Control – DVD</b><br>This program discusses the use, lifespan and maintenance of respirators, including the half mask cartridge and inspection procedures like fit testing.   | 12:00 | Employees wearing Respirators |
| 3705                      | <b>Fit Testing Under New NIOSH Standards – DVD</b><br>This program explains the rules and procedures for proper fit testing of respiratory equipment. These new standards have established new filtering efficiency and performance criteria for all non-powered, air-purifying, particulate-filter respirators.                  | 16:00 | Employees wearing Respirators |
| 3706                      | <b>Respirators: The New Rules (2011) – DVD</b><br>Respiratory protection comes in a variety of models. There have been many improvements in respiratory technology as well as improved knowledge on how to protect people exposed to harmful contaminants.  | 22:00 | Employees wearing Respirators |

| Tape #                     | Title/Description   | Length | Audience           |
|----------------------------|---|--------|--------------------|
| <h1>SANITATION SAFETY</h1> |   |        |                    |
| 3900                       | <b>Be Safe, Be Proud – DVD</b><br>This video, developed by the National Solid Waters Management Association (NSWMA), uses real situations to focus on the workplace hazards faced by drivers and helpers on residential collection routes.  | 18:00  | Sanitation Workers |
| 3901                       | <b>Side Loader Operations and Safety – DVD</b><br>Side loaders were designed for speed of operation, safety, and ease of loading and perform highly efficient jobs and is like any other waste hauling vehicle with a few exceptions. This program covers: • vehicle operations • landfill safety • safety responsibility   | 5:00   | Sanitation Workers |
| 3902                       | <b>Residential Pick Up: Driving and Helpers Operations – DVD</b><br>This video focuses on: • hazards you can expect to encounter • best practices to avoid and prevent accidents • responsibilities (driver and helper) • residential pick-up • manual pick-up • safe manual lifting • automated pick-up • backing • truck fires • landfill                                       | 11:00  | Sanitation Workers |
| 3903                       | <b>Vehicle Backing Accident Prevention – DVD</b><br>This video explains the common causes & solutions to vehicle backing accidents and reviews: • daily inspection • backing • cone of invisibility • children & pedestrians • landfills • transfer stations  | 10:00  | Sanitation Workers |
| 3904                       | <b>Rear Loader Safety and Operations – DVD</b><br>Rear loaders were designed for speed of operation, safety, ease of loading and perform high efficient jobs and is like any other waste hauling vehicle. This video reviews: • pre-trip and operational inspections • cleaning of windows, mirrors, packing blade • inspecting the hydraulic system for leaks and serviceability | 10:00  | Sanitation Workers |
| 3905                       | <b>Landfill Safety – DVD</b><br>The information in this video can certainly help keep you safe and free of accidents & injuries while reviewing: • basic rules • personal protective equipment • potential hazards • landfill trucks  | 14:00  | Sanitation Workers |
| 3906                       | <b>Commercial Pick-Up: Front-End Loading and Roll-Offs – DVD</b><br>This video focuses on the hazards you can expect to encounter and best practices to avoid and prevent accidents involving front-end loading & roll-offs while on the job.   | 12:00  | Sanitation Workers |
| 3908                       | <b>Roll-Offs and Safety Operations – DVD</b><br>This video is a reminder for working and acting safely, even after years of experience, and if not handled properly roll-offs have the potential of causing very serious injuries or property damage.   | 12:00  | Sanitation Workers |
| 3909                       | <b>Solid Waste Safety: Rear Loaders – DVD</b><br>This is a great waste management video for either the driver or the helper and reviews: • truck operations • loading the truck • can sites • improper can sites • container blockages • landfill safety • dumping • residential safety   | 11:00  | Sanitation Workers |
| 3910                       | <b>Ergonomics: Recycling Facility Safety – DVD</b><br>This training video provides guidelines for safety and reviews: • hazardous materials • ergonomics • insects • machinery • lockout/tag out • reporting injuries and unsafe conditions • and more  | 15:00  | Sanitation Workers |
| 3911                       | <b>The 5 Keys to Safe Driving: Sanitation Truck – DVD</b><br>This video takes viewers through a step-by-step explanation and demonstration of the Smith System's 5 Keys in situations common to the industry with a special feature on safe backing tips.   | 14:00  | Sanitation Workers |
| 3912                       | <b>Residential Operations – DVD</b><br>Residential routes present unique hazards and this video addresses: • vehicle safety • trash pick-up • customer relations • slips and falls • loading & dumping  | 11:00  | Sanitation Workers |
| 3913                       | <b>Front-End Loader Operations &amp; Safety – DVD</b><br>This video covers basic operating procedures and techniques including: • dumping procedures • hoppers • landfill dumping   | 10:00  | Sanitation Workers |
| 3914                       | <b>Route Observations: Safety Analysis – DVD</b><br>Route safety is about preventing injury and damage. This training video covers four basic concepts: • behavior • not the individual • unsafe acts • performing route observation  | 15:00  | Sanitation Workers |
| 3915                       | <b>“Pre-Trip Inspection: Waste Management” - DVD</b>  | 9:00   | Sanitation Workers |



| <b>Tape #</b> | <b>Title/Description</b>  | <b>Length</b> | <b>Audience</b>    |
|---------------|---|---------------|--------------------|
| 3916          | <b>Back Injury Prevention (Waste Management) – DVD</b><br>This video explains how the back works in addition to how strains and muscles work so back injuries can be prevented.   | 9:00          | Sanitation Workers |
| 3917          | <b>Route Safety Analysis – DVD</b><br>Reducing the risks of your route is accomplished by reporting potential hazards to your supervisor when you see them. This program helps to understand some of the more common hazards seen in day-to-day operation by identifying and eliminating the hazards. | 13:00         | Sanitation Workers |
| 3918          | <b>Vehicle Inspections – DVD</b><br>This video shows the driver's responsibilities for vehicle pre-trip & post-trip inspections and a systematic procedure for conducting the inspection.   | 19:00         | Sanitation Workers |

## SEXUAL HARRASSMENT

|      |  |       |                        |
|------|--|-------|------------------------|
| 4000 | <b>Preventing Sexual Harassment...For Employees – DVD</b><br>This video discuss the various forms of sexual harassment, how to avoid inadvertently sexually harassing someone and reviews the procedures employees should follow if they feel that they or a coworker are being sexually harassed.   | 16:00 | General Audience       |
| 4001 | <b>Preventing Sexual Harassment...For Managers &amp; Supervisors – DVD</b><br>This videos looks at behaviors and actions that can constitute sexual harassment, discuss why managers and supervisors must pay particular attention to what they say and do, and how to recognize sexual harassment in the workplace.   | 16:00 | Supervisors Management |
| 4002 | <b>Sexual Harassment: What Employees Need to Know – DVD</b><br>In this video employees see what Sexual Harassment is, how to prevent it or stop it, and how to report it if it happens. It reviews: • definition of sexual harassment • examples of sexual harassment • cost of sexual harassment • procedures for reporting sexual harassment   | 7:00  | General Audience       |
| 4003 | <b>Sexual Harassment: What Managers Need to Know – DVD</b><br>In this video managers will know what to do about Sexual Harassment as it reviews: • being aware of your work area • being a positive role model for your employees • knowing what steps to take after hearing the complaint. Sexual Harassment is against the law and should be reported immediately and retaliation for reporting is prohibited. | 9:50  | Supervisors Management |
| 4004 | <b>Sexual Harassment in the Workplace – DVD</b><br>This video defines what sexual harassment is, give you tips on how to recognize sexually harassing behavior, and advise you on what you should do if you're a victim of sexual harassment.  | 13:13 | General Audience       |
| 4005 | <b>Handling a Sexual Harassment Investigation – DVD</b><br>This video looks at: • a company's legal responsibility to prevent and deal with sexual harassment incidents • policies and procedures that should be followed when investigating allegations of sexual harassment • how to interview apparent victims, alleged harassers and potential witnesses.  | 20:00 | Supervisors Management |

## SHOP & TOOL SAFETY

|      |   |       |                                |
|------|---|-------|--------------------------------|
| 4100 | <b>Compressed Air Safety – DVD</b><br>This video features four re-enactments of actual on-the-job injuries to illustrate the hazards of working with compressed air lines.  | 9:00  | Compressed Air Operators       |
| 4101 | <b>Hand Held Cutoff Saws: Safe &amp; Efficient Operation – DVD</b><br>This video focuses on gasoline powered saws while reviewing • saw adjustments • safety devices • correct blade type and application • correct saw starting techniques • care and cleaning | 18:00 | Cutoff Saw Operators           |
| 4102 | <b>Hand and Power Tool Safety – DVD</b><br>This training video shows how accidents can be significantly reduced by applying good general safety rules and reviews what hazards are associated with the specific types of tools used.                            | 17:00 | Hand & Power Tool Operators    |
| 4103 | <b>Boxcutter/Utility Knife Safety – DVD</b><br>This video provides an excellent overview of utility knife/box cutter safety.  | 8:30  | Employees using Utility Knives |

| <b>Tape #</b>   | <b>Title/Description</b>   | <b>Length</b> | <b>Audience</b>               |
|-----------------|--|---------------|-------------------------------|
| 4104            | <b>Powder Actuated Tools – DVD</b><br>Only powder actuated tools that meet the design requirements of ANSI A10.3-1977 may be used. The qualifications for becoming an operator depend upon safety standards and each individual employer. Reviewed in this video is: • the training required to be a qualified instructor • equipment safeguards and restrictions • pole tool assemblies • limitations • additional requirements for the use of the equipment • safety | 10:00         | Powder Actuated Tool Operator |
| 4105            | <b>Pneumatic Tool Safety – DVD</b><br>This video provides comprehensive coverage of safe work practices and reviews: • definition and examples • appropriate PPE • tool and cord inspection • use and clean-up   | 7:00          | Vehicle Maintenance Personnel |
| 4106            | <b>Hazards of Long Hair, Loose Clothes and Jewelry – DVD</b><br>No matter what type of work you do you must be aware of the hazards and dress appropriately. Allowing long hair, loose clothing and jewelry to get tangled in moving parts and machinery causes many injuries and deaths each year.  | 10:30         | General Audience              |
| 4107            | <b>Power Tool Accidents: They Can Be Prevented – DVD</b><br>This video addresses the importance of: • keeping the work area safe • electrical safety • proper tool use and care • developing good personal work habits   | 19:00         | Power Tool Operators          |
| 4108<br>Spanish | <b>Power Tool Accidents: They Can Be Prevented (Spanish) – DVD</b><br>This video addresses the importance of: • keeping the work area safe • electrical safety • proper tool use and care • developing good personal work habits   | 19:00         | Power Tool Operators          |
| 4109            | <b>Portable Grinders and Abrasive Wheels – DVD</b><br>This video provides information on the proper use and operation of grinders in a safe manner.  | 11:00         | Vehicle Maintenance Personnel |
| 4111            | <b>Machine Guard Safety – DVD</b><br>This video is designed to help understand the dangers of working with machinery and how those risks can be minimized by proper installation and use of safety guards and devices.   | 19:00         | Machine Operators             |
| 4112            | <b>Table Saw Safety and Use – DVD</b><br>The video discusses: • the various parts of the table saw • use and adjustments of the fence • the miter gauge • push sticks  | 24:00         | Table Saw Operators           |
| 4113            | <b>Machine Guarding and Conveyor Safety – DVD</b><br>Machine guarding is defined as any means of effectively preventing personnel from coming in contact with moving parts of machinery or equipment that would cause physical harm to fingers, hands and life.  | 14:00         | Machine Operators             |
| 4114            | <b>Cutting Torch Safety – DVD</b><br>In the public work sector, the cutting torch is a valuable and useful tool designed to cut metals in a variety of applications. This video provides information on safe cutting torch procedures and operation. It is important to consult your local OSHA requirements for cutting and welding safety.   | 10:00         | Cutting Torch Operators       |
| 4115            | <b>Garage-Repair Shop Safety – DVD</b><br>This video is great for informing new employees what to expect and also for experienced employees to remind them of the many hazards they face and the steps they can take to prevent injury.  | 15:00         | Vehicle Maintenance Personnel |
| 4116            | <b>Portable Generator Hazards &amp; How to Avoid Them – DVD</b><br>Portable generators are useful when there is a need for temporary or remote electric power. The primary hazards to avoid are carbon monoxide (CO) poisoning, electric shock and fire.   | 7:00          | General Audience              |

## SLIPS / TRIPS / FALLS

|      |  |       |                  |
|------|--|-------|------------------|
| 4200 | <b>Slips, Trips and Falls: Taking the Right Steps – DVD</b><br>Slips, trips and falls cause injuries in the workplace and this high-impact training video advocates • solid safety measures • awareness • good housekeeping • proper equipment use   | 19:00 | General Audience |
| 4201 | <b>Slips, Trips and Falls: Stranger Than Friction – DVD</b><br>Follow a humorous day in the life of average Jim who learns the difference between slips trips and falls as well as how proper attention to surroundings and correct usage of safety tools can be the difference between a regular day and a life-altering situation. | 20:00 | General Audience |

| <b>Tape #</b> | <b>Title/Description</b>   | <b>Length</b> | <b>Audience</b>                                  |
|---------------|--|---------------|--|
| 4202          | <b>Slips and Falls – DVD</b><br>This video covers hazards ranging from housekeeping practices to ladder use and delivers important procedural information with the just the right amount of humor and realistic accident re-enactments   | 12:30         | General Audience                                 |
| 4203          | <b>I Can't Get No Traction – DVD</b><br>This music video inspired by the Rolling Stones tune 'Satisfaction' features a variety of realistic slip, trip and fall stunts that teach memorable lessons on: • distracted walking • running • poor housekeeping • improper ladder use • wearing improper footwear • spills • moving equipment   | 4:00          | General Audience                                 |
| 4204          | <b>Don't Fall Down on the Job – DVD</b><br>This safety video is good for maintenance, janitorial and office personnel as it presents: • the science behind falls • the factors contributing to slips and falls • emphasis on walking • using stairs and step ladders • reviewing specifics on scaffolds set up • equipment inspection • best practices   | 18:00         | Maintenance<br>Janitorial<br>Office<br>Personnel |
| 4205          | <b>Winter Walking – DVD</b><br>This video will help your employees identify potential hazards and use techniques to avoid injury when entering or exiting a vehicle and while traversing steps, sidewalks and turns.   | 7:00          | General Audience                                 |
| 4206          | <b>Winter Walking: Staying on Your Feet – DVD</b><br>This safety video helps understand the need to adjust walking behavior and techniques when the snow begins to fall and reviews: • why we need to adjust our walking techniques in winter • winter hazards to be alert for • walking techniques for winter conditions • procedures for staying on your feet • techniques to minimize the effects of a fall | 10:00         | General Audience                                 |
| 4207          | <b>Walking &amp; Working Surfaces – DVD</b><br>This safety video identifies the hazards of different surfaces and provides the practical information and specific procedures employees need to help prevent slips, trips and falls on the job.   | 17:00         | General Audience                                 |
| 4209          | <b>Slips, Trips and Falls (Marcom) – DVD</b><br>This program shows situations that can lead to slips, trips and falls, and what to do to avoid or prevent these accidents.   | 11:00         | General Audience                                 |
| 4210          | <b>Preventing Slips &amp; Falls in Trucking – DVD</b><br>This video focuses on preventing slips and falls from trucks and reviews: • footwear • inspecting equipment • enter and exit in proper direction • plan exit and know where going • three point system • keeping both hands free  | 7:00          | Truck Operators                                  |

## SUPERVISORS / MANAGEMENT

|                           |  |       |                         |
|---------------------------|--|-------|-------------------------|
| 4300                      | <b>Safety Teams – DVD</b><br>This video teaches leadership and goal-setting skills needed to succeed and motivated to apply those skills as it reviews: • the role of the safety team • establishing clear objectives • individual and team responsibilities • communication skills • implementation • follow-up | 11:00 | Safety Committee        |
| 4301<br>English / Spanish | <b>The Pro-Active Safety Committee: A Team for Success – DVD</b><br>This video illustrates how to make safety committees work and reviews: • setting up a safety committee • organizational structure • feedback and evaluation  | 13:00 | Safety Committee        |
| 4302                      | <b>OSHA Recordkeeping – DVD</b><br>Understanding how to use the 300 Log will enable you to identify workplace hazards, assist OSHA Representatives & maintain compliance at your site. This video teaches how to properly record incidents and keep you in compliance.   | 18:00 | Supervisors<br>Managers |
| 4303                      | <b>OSHA Recordkeeping: Managers and Supervisors – DVD</b><br>This video reviews the responsibilities of managers and supervisors in the recordkeeping process and provides basic information on the updated OSHA standard and associated compliance activities.  | 20:00 | Supervisors<br>Managers |
| 4304                      | <b>Safety Audits – DVD</b><br>A single workplace accident can be devastating. This video is an examination of a work area to make sure it is as safe as possible and all potential hazards are corrected or removed.   | 20:00 | Supervisors<br>Managers |

| <b>Tape #</b> | <b>Title/Description</b>  | <b>Length</b> | <b>Audience</b>           |
|---------------|---|---------------|---------------------------|
| 4305          | <b>Developing a Positive Safety Culture – DVD</b><br>This video discusses the benefits of developing a positive safety culture by: • fewer accidents and injuries • improved morale • increased productivity • communicating with staff • and more  | 20:00         | Supervisors<br>Managers   |
| 4306          | <b>Critical Incident Stress Debriefing – DVD</b><br>This video stresses the importance of having a critical incident debriefing program and reviews: • how to make best use of these services • when to call • dealing more effectively when they occur   | 13:00         | Supervisors<br>Managers   |
| 4307          | <b>Contractor Safety – DVD</b><br>This video is primarily aimed at informing contractors of good safety practices, but is also useful to supervisors, contractor coordinators and municipal engineers. It reminds the need to inform and guide any outside contractor working within your facilities or doing construction for you.   | 13:00         | Supervisors<br>Management |
| 4308          | <b>Responsibilities Of A Supervisor – DVD</b><br>This video is all about supervisor responsibilities, liabilities, capabilities, limitations and primarily most difficult: managing other people.   | 19:00         | Supervisors<br>Managers   |
| 4309          | <b>Safety and The Supervisor – DVD</b><br>Safety is your responsibility and you're responsible for everything your employees do or fail to do. This video takes a look at exactly what this responsibility means and basically how safety programs should work.   | 20:00         | Supervisors<br>Managers   |
| 4310          | <b>Safety Committees: The Real Story – DVD</b><br>This safety video covers the assignments and responsibilities of the safety committee members.  | 10:00         | Safety<br>Committee       |
| 4311          | <b>OSHA Recordkeeping: Managers and Supervisors (Marcom) – DVD</b><br>This video covers the details of the regulation's requirements and show actual workplace incidents that demonstrate what the responsibilities are in documenting and reporting recordable accidents.  | 23:00         | Supervisors<br>Managers   |
| 4312          | <b>Stress Management: Supervisors and Employees – DVD</b><br>This video is hosted by Dr. Edward Sheldon who gives advice on how to handle stress on the job.  | 20:00         | Supervisors<br>Employees  |
| 4313          | <b>Discipline: The Supervisors Role – DVD</b><br>This video includes on-camera professionals speaking on the supervisor's role in enforcing company rules.  | 23:00         | Supervisors<br>Managers   |
| 4314          | <b>Safety Decision Making – DVD</b><br>This video uses common examples, reenactments and a little humor to explain how humans are tempted to make unsafe choices by succumbing to the instant gratification of shortcuts, risk-taking & peer pressure, and how our safety decision-making process works in providing tips & techniques to use to overcome our human nature and make safe choices rather than unsafe ones.   | 19:00         | Supervisors<br>Employees  |
| 4315          | <b>Better Meeting Management – DVD</b><br>This video shows the advantages and disadvantages of meetings in the pre-meeting step, walks you through a systematic decision-making process and results in a productive problem-solving or informational meeting that everyone wants.   | 31:00         | Supervisors<br>Managers   |
| 4316          | <b>Becoming a Leader – DVD</b><br>In this video you'll learn to lead using The 8 Communication Principles of Leadership including techniques on: • delivering a powerful nonverbal message that you are among the organization's leaders • making it easy for others to approach you • giving straight answers to even the most difficult questions • taking responsibility for everything done under your leadership • speaking and acting in the organization's best interests • encouraging dedication among those you work with • leading by example • and more | 20:00         | Supervisors<br>Managers   |

## TASK SPECIFIC TRAINING

|      |   |       |                    |
|------|---|-------|--------------------|
| 4400 | <b>Tips from the Pros: Rigging and Lifting – DVD</b><br>In this video rigging & lifting techniques used by the PRO's are captured from hours of interviews & discussions and provides TIPS on: • rigging attachments • estimating weights • locating balance points • selecting pick points | 28:00 | Crane<br>Operators |
| 4401 | <b>Safe Rigging – DVD</b><br>How a load is attached can make the difference between a successful lift & a deadly accident. This program reviews: • physical & mental preparation • PPE • hand signals • equipment & hazard inspection • slings • hitches • load angles                      | 19:00 | Crane<br>Operators |

| <b>Tape #</b> | <b>Title/Description</b>   | <b>Length</b> | <b>Audience</b>            |
|---------------|--|---------------|----------------------------|
| 4402          | <b>Basic Sidewalk Clearing with Snow Blowers – DVD</b><br>This video is designed to give basic tips for clearing sidewalks with snow blowers and also gives experienced skid steer operators a few tips of their own.  | 34:00         | Parks/Rec;<br>Public Works |
| 4403          | <b>Janitor Safety – DVD</b><br>This video examines the common hazards janitorial staff face on a daily basis & the steps to take to minimize risk as it reviews: • PPE • Back Injury Prevention • Bloodborne Pathogens • Slips, Trips and Falls • Electrical Safety • Chemicals  | 12:00         | Janitors                   |
| 4404          | <b>Cell Phones in the Workplace: A Dangerous Distraction (Ref) – DVD</b><br>This video discusses how sending and receiving text messages can cause us to lose focus on doing our jobs safely & efficiently as well as the importance of always following your company's policy regarding cell phone use. Workplace scenarios illustrate the tragic consequences of ignoring these policies in order to text when it is unsafe or prohibited. | 8:00          | General Audience           |
| 4405          | <b>Working Safely in Hot Environments (Ref) – DVD</b><br>This video shows how to prevent and respond to various heat-related problems by: • using prevention techniques • recognizing the signs and symptoms of heat stress • what first aid procedures to administer when assisting victims of specific heat-related illnesses  | 10:00         | Public Works;<br>Utilities |
| 4406          | <b>Taking Care of Your Equipment &amp; Supplies – DVD</b><br>This video reviews: • properly storing, using, handling and maintaining cleaning supplies & equipment • taking care of your equipment • using the appropriate materials for the job • how to reduce the waste, loss, and damage   | 13:00         | Janitors                   |
| 4407          | <b>Warehouse Safety – DVD</b><br>This video helps to stay safe by identifying the specific hazards they can encounter while working in a warehouse and providing practical procedures to avoid them.   | 18:00         | Public Works;<br>Utilities |
| 4408          | <b>Rigging Safety – DVD</b><br>In this video learn how a load is attached to a crane can make the difference between a successful lift and an unfortunate accident and how rigging-related accidents can often be deadly due to the large and heavy loads that are lifted.   | 20:47         | Crane Operators            |

## WATER / WASTE WATER / UTILITY

|      |  |       |                                 |
|------|--|-------|---------------------------------|
| 4500 | <b>Chlorine Safety for Water &amp; Wastewater Operators – DVD</b><br>Although produced with water and wastewater operations in mind, this video provides information about chlorine that is useful to everyone handling the chemical and especially to end users of cylinders and ton containers.  | 30:00 | Utilities                       |
| 4501 | <b>Sodium and Calcium Hypochlorite – DVD</b><br>This powerful agent is used in water and wastewater treatment to kill bacteria and other pathogens such as viruses, parasites and fungus that may lurk in the water supply. This video reviews: • first aid • safety • storage • disposal • emergency response • usage • personal protective equipment • health effects  | 19:00 | Utilities                       |
| 4502 | <b>Water System Operator Safety – DVD</b><br>The specific duties of an operator depends on the type and size of the facility and/or the system working in. This safety video reviews some of the tasks handled, but not limited to: • sample collection • adjusting disinfection dosages • read, interpret and adjust meters • chemical feed systems • moving water from various systems • ensuring reservoir levels • monitoring valves and gauges to make sure the equipment is working properly | 20:00 | Utilities                       |
| 4503 | <b>Laboratory Hoods – DVD</b><br>This video discusses when and why hoods are used as well as how to operate and maintain them.   | 13:00 | Chemistry Teachers              |
| 4504 | <b>EME Awareness for Antenna Site Safety – DVD</b><br>This video focuses on the basics of what is necessary to know about radio frequency (RF) fields to minimize exposure to strong fields that may be found near communication antennas.   | 20:00 | Employees working near Antennas |
| 4505 | <b>Treatment Plant Safety – DVD</b><br>This short video cannot possibly cover in depth all the risks and hazards of working in and around treatment plants, therefore it is imperative to work closely with your supervisor to ensure that you are fully trained and qualified prior to working within your treatment plant.   | 14:00 | Utilities                       |



| <b>Tape #</b> | <b>Title/Description</b>   | <b>Length</b> | <b>Audience</b>  |
|---------------|--|---------------|------------------|
| 4506          | <b>Water and Sewer Treatment Plant Safety – DVD</b><br>Treatment plants can be hazardous and working with and around pumps, electricity, laboratories & chemicals require special training. This video explains the special safety concerns of operators, technicians and maintenance personnel. | 13:00         | Utilities        |
| 4507          | <b>Dog Bite Prevention (Digital) – DVD</b><br>This video covers dog behavior, prevention techniques and first aid and includes tips from Ron Berman, canine behavior expert.   | 19:00         | General Audience |
| 4508          | <b>Meter Reader Safety – DVD</b><br>Meter readers are exposed to all kinds of hazards such as slips and trips, traffic, weather, aggressive dogs, insects and irate customers. This video will focus on the basics of meter reader safety.   | 20:00         | Utilities        |
| 4509          | <b>Utility Crew Truck Safety – DVD</b><br>This video focuses on the safe operations and reviews: • lift and hoist attachments • welding units • compressors • aerial lift devices • towing equipment   | 15:00         | Utilities        |
| 4510          | <b>Valve Crew Safety – DVD</b><br>The valve crew is in charge of making sure valves will open and close when required and ensure water quality and adequate fire flows.  | 9:00          | Utilities        |
| 4511          | <b>Understanding Your Stormwater Pollution Plan – DVD</b><br>All employees need to know the overall scope of your organization's Stormwater Pollution Prevention Plan and the role each person plays in its success.   | 23:00         | Utilities        |

## WELDING SAFETY

|                           |  |       |         |
|---------------------------|--|-------|---------|
| 4600                      | <b>Oxyfuel Gas Cutting: The Sure Cut – DVD</b><br>This video details proper safety procedures for oxyfuel gas cutting by reviewing: • proper safety equipment • hook-up procedures • ventilation   | 13:00 | Welders |
| 4601<br>English / Spanish | <b>Hexavalent Chromium Awareness – DVD</b><br>Workers are exposed to Hexavalent Chromium are at risk for getting lung cancer, permanent eye damage & skin ulcerations. This video teaches about this dangerous chemical and reviews: • new regulations • exposure monitoring • PPE and respirator use • proper recordkeeping • how to comply with OSHA standards for: • general industry 1910.1026 • shipyards & marine terminals 1915.1026 • construction 1926.1126 | 17:00 | Welders |
| 4602                      | <b>Health and Safety Factors in Welding Operation – DVD</b><br>This video discusses the general safety and health hazard associated with welding and cutting and examine hazards and controls specific to toxic fuel gas welding, cutting, and arc welding.  | 16:00 | Welders |
| 4603                      | <b>Arc Welding Safety – DVD</b><br>This video is a guideline on basic safety awareness when working with arc welding and reviews: • flammable and combustible materials • operation areas • health hazards   | 15:30 | Welders |

## WELLNESS

|                           |  |       |                  |
|---------------------------|--|-------|------------------|
| 4700                      | <b>Stretching Out at Work – DVD</b><br>This video describes and demonstrates stretching and warm-up exercises in an electric utility environment and can be customized to any work environment.  | 12:00 | General Audience |
| 4701<br>English / Spanish | <b>Muscle Strains &amp; Sprains – DVD</b><br>In this video learn the importance of hazard recognition, body mechanics, and properly preparing the body for performing manual tasks as it teaches: • the importance of stretching and fitness to avoid strains and sprains • how muscles, bones, tendons & ligaments work together • correct stretching techniques • best safety practices to prevent injuries • the importance of health and nutrition | 20:00 | General Audience |
| 4702                      | <b>Working with Stress – DVD</b><br>Job stress poses a threat to the well-being of workers and organizations, and through research and educational materials such as this video, NIOSH is committed to providing the public with the knowledge to overcome this threat.  | 17:00 | General Audience |

| Tape #                     | Title/Description  | Length | Audience         |
|----------------------------|--|--------|------------------|
| 4703                       | <b>Smoking: Getting Ready to Quit – DVD</b><br>This video teaches how to • create a personal plan for quitting • setting a quit date • examine why people smoke • why they may want to quit • identify personal triggers to smoke • using nicotine replacement & non-nicotine replacement therapies to aid in quitting • making a diary of smoking behavior. Potential relapse situations also covered.                      | 15:55  | General Audience |
| 4704                       | <b>Diet, Nutrition, and Cancer Prevention – DVD</b><br>This video is designed for healthy people and its recommendations are consistent with seven simple guidelines developed to help people eat and maintain a healthy diet.   | 11:00  | General Audience |
| 4705                       | <b>MRSA: The Ticking Time Bomb – DVD</b><br>This information packed video is part of a staph prevention program that you can start right now at your school, sports program, work facility, health class or home.  | 11:00  | General Audience |
| 4706<br>English / Spanish  | <b>Why Don't We Do It In Our Sleeves? – DVD</b><br>This short video was designed to encourage people to cough and sneeze according to the infection control guidelines put forth by the Centers for Disease Control and Prevention.  | 5:00   | General Audience |
| 4707<br>Multiple Languages | <b>Duet for Clean Hands - DVD</b><br>This two disk set teaches washing hands and covering a cough & sneeze correctly.<br><b>Disc 1: Why Don't We Do It in Our Sleeves? - A hilarious hit video on coughing and sneezing hygienically.</b><br><b>Disc 2: Soap in the City - Features four short demonstrations on why and how of hand washing.</b><br>• Soap in the City • Last Clean Chance • Clay and Rebecca • We're Dirty | 12:00  | General Audience |
| 4708                       | <b>Recognizing Depression – DVD</b><br>This video helps understand what depression is, covers the signs and symptoms of depression as well as the possible risks for developing depression. It encourages people to seek appropriate treatment and avoid negative coping behaviors, like alcohol abuse.  | 15:12  | General Audience |
| 4709                       | <b>AIDS: What Everyone Needs to Know – DVD</b><br>This video discusses • the misconceptions about HIV and AIDS • the progression from HIV to AIDS • the important role of supportive family and friends • correct condom use for safer sex • the changing perceptions of HIV positive people and their quality of life.  | 22:00  | General Audience |
| 4710                       | <b>Exercise: Getting Active, Staying Active – DVD</b><br>This video helps discover how to fit activity into schedules as it explains the three types of exercise (aerobic, strength training, and flexibility conditioning) but also tells viewers that increasing activity level in everyday chores can benefit them as well.   | 12:54  | General Audience |
| 4711                       | <b>How to Make Healthy Lifestyle Changes – DVD</b><br>This video gets viewers to think about their reasons for making healthy lifestyle changes. It helps them determine long-term goals using short-term goals to achieve them, identifies barriers to change, anticipate obstacles along the way, suggests to keep written records, rewards and not to be discouraged by setbacks.   | 13:31  | General Audience |
| 4712                       | <b>Nutrition: Shop Healthy, Cook Healthy – DVD</b><br>During this video learn how to make small changes in • what foods to buy • how to prepare meals • how much food to eat • discusses food nutrition labels • portion control • better eating habits • lower-fat food options • and tips on ways to take one step at a time towards healthier eating.   | 15:51  | General Audience |
| 4713                       | <b>Eating for Energy – DVD</b><br>Eating right can often be a challenge but it doesn't have to be difficult by learning what foods are good for us and what amounts of them we should consume. The American Heart Association recommends the amount of daily calories required by gender, age, and activity level.   | 19:00  | General Audience |
| 4714                       | <b>Signs and Symptoms of a Heart Attack – DVD</b><br>This video teaches: • how to recognize the signs and symptoms of a heart attack • seeking help quickly to prevent further damage to your heart • the signs of a heart attack • what happens in the body during a heart attack • possible treatments at the hospital   | 14:40  | General Audience |
| 4715                       | <b>Introduction to Heart Disease Risk Factors – DVD</b><br>Updated to follow the new National Cholesterol Education Program guidelines, this video helps to see the importance of knowing individual risk factors and how to make minimizing risks a goal.   | 14:43  | General Audience |

| Tape # | Title/Description   | Length | Audience         |
|--------|---|--------|------------------|
| 4716   | <b>High Blood Pressure: An Introduction to Treatment – DVD</b><br>This newly revised video features the most recent blood pressure categories outlined by the National Heart, Lung, and Blood Institute, including the “prehypertension” level and helps make a lifelong commitment to controlling blood pressure through lifestyle changes.  | 15:44  | General Audience |
| 4717   | <b>High Cholesterol: An Introduction to Treatment – DVD</b><br>This video provides basic treatment plans for high cholesterol by: • reviewing lifestyle changes • medications • quitting smoking • losing weight • increasing physical activity   | 13:08  | General Audience |
| 4718   | <b>Overweight: Who’s in Control? – DVD</b><br>This edition includes • the 2005 Dietary Guidelines • the Food Guide Pyramid • how to read food labels • lifestyle changes • increase awareness of behavior patterns • emotional aspects of eating and pitfalls • explains exercise is a key part of both weight loss and weight maintenance  | 15:14  | General Audience |
| 4719   | <b>Weight Control: Losing Weight and Keeping It Off – DVD</b><br>This video explains why quick fix diets don't work and shows the basics for gradual weight loss emphasizing that weight control is a lifestyle change.   | 10:22  | General Audience |
| 4720   | <b>Wellness and Fitness – DVD</b><br>This video shows how small changes in lifestyles can produce big benefits and while wellness is a gradual process, eliminating negative lifestyle factors can help keep you healthy.   | 13:00  | General Audience |
| 4721   | <b>Nutrition: Restaurants, Fast Food and Parties – DVD</b><br>This video shows how to eat healthy in situations where it might not be easy to do so, discusses portion control, carbohydrate, fat, and calories, gives practical tips to use, examples of healthy food choices and in making small changes you can eat out and still eat healthy.   | 18:17  | General Audience |
| 4722   | <b>What is Heart Failure – DVD</b><br>This video provides an overview of the information needed in order to manage heart failure by covers risk factors, symptoms, medications, sodium and fluid guidelines, balancing activity & rest and daily monitoring of symptoms.  | 18:36  | General Audience |
| 4723   | <b>Stroke: Reducing Your Risk – DVD</b><br>This video explains what happens in the brain during a stroke, the signs and symptoms of a stroke (including TIAs), the importance of calling 911, getting to the hospital as quickly as possible and shows patients how to reduce their chances of a having a stroke.   | 14:02  | General Audience |
| 4724   | <b>Pre-Diabetes: It’s Time to Make Changes – DVD</b><br>This video explains what pre-diabetes is, outlines a management plan including working with a health care provider to monitor blood glucose (FPGT, OGTT and A1C tests), making healthy food choices, getting regular physical activity, possibly taking oral medications, and getting support.  | 19:31  | General Audience |
| 4725   | <b>Snoring and Obstructive Sleep Apnea – DVD</b><br>In this video the causes of snoring are discussed and self-help remedies that often alleviate the problem are presented. Viewers learn that snoring is a symptom of the potentially life-threatening disorder known as obstructive sleep apnea.   | 14:27  | General Audience |
| 4726   | <b>Sensorineural Loss In Adults – DVD</b><br>This video illustrates how sensorineural hearing loss can have a devastating impact on communication by describing the causes and symptoms and explains the evaluation that will be performed by both physician and audiologist. The value of a hearing aid in restoring functional hearing is stressed, types of hearing aids and tips for adapting to use.   | 16:48  | General Audience |
| 4727   | <b>Understanding And Managing Your Allergies – DVD</b><br>This video shows how a treatment plan is developed and to understand how the body reacts to allergens and introduces skin and blood testing. It'll explain how to reduce your “total allergic load” to reduce symptoms and live more comfortably along with information about over-the-counter and prescription medications as well as immunotherapy.                                       | 13:18  | General Audience |
| 4728   | <b>Preventing the Spread of a Contagious Illness – DVD</b><br>The video stresses prevention and the personal responsibility required to avoid spreading an illness or infection. Includes information about seasonal flu, avian flu, SARS, MRSA, and swine flu, explaining the origins and symptoms of these illnesses as well as the general hygiene and prevention measures required to prevent spreading and contracting all contagious illnesses. | 10:00  | General Audience |

| Tape # | Title/Description  | Length | Audience         |
|--------|--|--------|------------------|
| 4729   | <b>Resisting The Flu: How To Minimize Your Risk – DVD</b><br>The documentary-style short training film offers straight talk from Dr. Eric A. Weiss, Medical Director of Disaster Planning and Associate Professor, Stanford University School of Medicine as he reviews: • what the flu virus is, its common symptoms, and how it is spread • the Do's & Don'ts for keeping healthy and resisting infection • how to reduce the spread of the flu and when to stay home • ways to care for sick family members that protect the caregiver • danger signals that require immediate medical help | 13:00  | General Audience |
| 4730   | <b>Go With Your Own Glow (Skin Cancer) – DVD</b><br>Skin cancer is the most common of all cancers, afflicting more than two million Americans each year, a number that is rising rapidly. This video describes with humor the danger of sun exposure.  | 4:00   | General Audience |
| 4731   | <b>Workplace Stress – DVD</b><br>This video helps employees identify potentially stressful situations and learn how to cope with them by reviewing: • situations causing stress • recognizing symptoms of stress • effects of stress on the mind and body • eliminating 'stress factors' • stress-relieving exercises  | 13:00  | General Audience |
| 4732   | <b>Personal Hygiene in the Workplace – DVD</b><br>This video was developed as a tool for employers to be proactive in addressing the subject, as well as an aid to those managers and supervisors that find themselves in the position of needing to react and take action in the event of a complaint.  | 7:00   | General Audience |
| 4733   | <b>What is Diabetes? (Type 2) – DVD</b><br>This video explains what diabetes is, the symptoms, the long term effects, and treatment. It informs that being overweight contributes to the development of diabetes, explains insulin resistance, and outlines a diabetes self-management plan.   | 15:00  | General Audience |
| 4734   | <b>Fitness &amp; Wellness (Updated Version) – DVD</b><br>This training video provides the information and inspiration needed to achieve the benefits of eating right, exercising and reducing stress. It shows how to set and reach reasonable goals while eliminating bad habits like smoking, alcohol and drug use that can hold you back.   | 14:00  | General Audience |
| 4735   | <b>Anxiety Disorders: Generalized Anxiety Disorder – DVD</b><br>This video identifies the criteria for Generalized Anxiety Disorder and the manner in which anxiety can become a pervasive reality in people's lives. It examines the emerging link between depression and anxiety and some of the limitations that can arise with an individual who struggles daily with this disorder.   | 21:00  | General Audience |
| 4736   | <b>Spillover: Zika, Ebola &amp; Beyond – DVD</b><br>Filmed on four continents, this video sheds light on one of the most important public health challenges of our time—predicting and stopping the next pandemic. The film is a rich mix of cutting edge science and inspiring personal stories of both tragic loss and selfless heroism. Graphics reveal the invisible world of viruses—organisms that reside in the nether land between being "alive" and "dead"—and animation portrays some of the most dramatic moments of the recent Ebola crisis.                                       | 60:00  | General Audience |