

NATIONAL BICYCLE SAFETY MONTH

May is National Bicycle Safety Month. Every year bicyclists are killed or injured in New Jersey due to bicycle crashes. So far in 2023, New Jersey State Police have reported three deaths in Monmouth, Hunterdon, and Hudson counties.

Bicycle Safety Reminders

- Wear a properly fitted helmet. Head injury is the most serious injury type and the most common cause of death among bicyclists. Helmets are required for riders under 17.
- Ride with other bikers and be visible.
- Take extra care at intersections and avoid the ‘Door Zone’ of a vehicle.
- Check your equipment before heading out.
- Stop for pedestrians at crosswalks.
- Ride in the direction of traffic.
- Obey all traffic signs including stopping at red lights.
- Wear bright colors.

On the Road Reminders in New Jersey

New Jersey started the [Safe Passing Law](#) last year in March. Drivers need to slow down to 25 mph and pass bikes with 4 feet to spare. The penalty for breaking this law is a \$100.00 fine (\$500 if bodily injury and 2 points on your driving record).

Source: <https://newjersey.news12.com/national-bicycle-safety-month-safety-reminders>